





















Lanark, St. George Sound, FL - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:29	2.3	4:00	2.1	10:05	0.0	10:20	0.2	7:03	6:37	
2	Fri	4:17	2.2	4:25	2.2	10:30	0.3	11:00	0.0	7:01	6:38	
3	Sat	5:13	1.9	4:52	2.2	10:52	0.7	11:46	-0.1	7:00	6:39	
4	Sun	6:20	1.7	5:23	2.3	11:05	1.1			6:59	6:40	
5	Mon	7:47	1.5	6:02	2.3	12:46	-0.2	10:59 AM	1.4	6:58	6:40	
6	Tue			6:55	2.2	2:10	-0.2			6:57	6:41	
7	Wed			8:08	2.2	3:44	-0.3			6:56	6:41	
8	Thu			2:01	2.0	5:02	-0.5	5:12	1.8	6:55	6:42	
9	Fri			2:00	2.0	6:02	-0.6	6:11	1.5	6:54	6:43	
10	Sat			2:09	2.1	6:53	-0.6	6:58	1.2	6:52	6:43	
11	Sun	12:21	2.5	3:22	2.1	8:38	-0.6	8:42	0.9	7:51	7:44	
12	Mon	2:18	2.6	3:38	2.2	9:17	-0.4	9:23	0.5	7:50	7:45	
13	Tue	3:08	2.6	3:55	2.3	9:53	-0.2	10:03	0.3	7:49	7:45	
14	Wed	3:54	2.5	4:14	2.3	10:26	0.1	10:42	0.1	7:48	7:46	
15	Thu	4:39	2.4	4:36	2.4	10:56	0.4	11:19	-0.1	7:47	7:47	
16	Fri	5:25	2.2	5:00	2.4	11:23	0.7	11:57	-0.1	7:45	7:47	
17	Sat	6:15	2.0	5:27	2.3	11:45	1.0			7:44	7:48	
18	Sun	7:11	1.8	5:56	2.3	12:37	0.0	11:57 AM	1.3	7:43	7:48	
19	Mon	8:24	1.6	6:31	2.2	1:24	0.1	11:36 AM	1.4	7:42	7:49	
20	Tue			7:19	2.1	2:32	0.2			7:41	7:50	
21	Wed			8:28	2.0	4:09	0.3			7:39	7:50	
22	Thu			2:52	1.9	5:35	0.2	6:08	1.7	7:38	7:51	
23	Fri			2:45	1.9	6:34	0.1	6:53	1.5	7:37	7:52	
24	Sat			2:40	2.0	7:18	0.0	7:28	1.3	7:36	7:52	
25	Sun	12:40	2.2	2:44	2.1	7:56	0.0	8:02	1.0	7:34	7:53	
26	Mon	1:35	2.4	2:53	2.2	8:31	0.0	8:36	0.8	7:33	7:53	
27	Tue	2:21	2.5	3:06	2.3	9:03	0.1	9:10	0.5	7:32	7:54	
28	Wed	3:04	2.6	3:24	2.4	9:35	0.2	9:45	0.2	7:31	7:55	
29	Thu	3:48	2.6	3:45	2.5	10:07	0.5	10:22	-0.1	7:30	7:55	
30	Fri	4:33	2.5	4:09	2.6	10:36	0.8	11:00	-0.3	7:28	7:56	
31	Sat	5:24	2.4	4:35	2.6	11:03	1.1	11:41	-0.4	7:27	7:56	