US HARBORS www.USHarbors.com

Lanark, St. George Sound, FL - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			2:51	2.0	6:56	-1.2	6:39	1.6	7:34	5:50	
2	Mon			3:24	2.0	7:46	-1.4	7:29	1.6	7:34	5:51	
3	Tue	12:44	2.7	3:56	2.0	8:34	-1.5	8:20	1.4	7:34	5:51	
4	Wed	1:36	2.7	4:26	2.0	9:19	-1.4	9:11	1.2	7:34	5:52	
5	Thu	2:27	2.6	4:56	1.9	10:02	-1.2	10:02	1.0	7:34	5:53	
6	Fri	3:19	2.4	5:24	1.9	10:41	-0.9	10:56	0.8	7:34	5:54	
7	Sat	4:16	2.1	5:51	2.0	11:17	-0.4	11:53	0.5	7:34	5:54	
8	Sun	5:20	1.7	6:19	2.0	11:51	0.0			7:34	5:55	
9	Mon	6:36	1.4	6:50	2.0	1:00	0.3	12:20	0.5	7:34	5:56	
10	Tue	8:15	1.1	7:25	2.1	2:20	0.1	12:38	0.9	7:34	5:57	
11	Wed			8:05	2.1	3:40	-0.1			7:34	5:58	
12	Thu			8:53	2.1	4:45	-0.4			7:34	5:58	
13	Fri			2:33	1.6	5:39	-0.5	4:49	1.5	7:34	5:59	
14	Sat			2:50	1.7	6:26	-0.7	5:50	1.5	7:34	6:00	
15	Sun			3:05	1.7	7:09	-0.8	6:40	1.4	7:34	6:01	
16	Mon			3:19	1.7	7:49	-0.9	7:24	1.3	7:34	6:02	
17	Tue	12:40	2.3	3:33	1.7	8:25	-0.9	8:04	1.2	7:34	6:03	
18	Wed	1:23	2.3	3:50	1.7	8:58	-0.9	8:43	1.1	7:33	6:04	
19	Thu	2:02	2.3	4:07	1.7	9:29	-0.8	9:21	0.9	7:33	6:04	
20	Fri	2:41	2.3	4:26	1.8	9:58	-0.7	9:58	0.8	7:33	6:05	
21	Sat	3:21	2.1	4:47	1.8	10:25	-0.4	10:35	0.6	7:33	6:06	
22	Sun	4:05	1.9	5:10	1.8	10:50	-0.2	11:14	0.5	7:32	6:07	
23	Mon	4:56	1.7	5:36	1.9	11:11	0.2			7:32	6:08	
24	Tue	5:58	1.5	6:04	1.9	12:00	0.3	11:26 AM	0.5	7:31	6:09	
25	Wed	7:14	1.3	6:37	2.0	12:59	0.1	11:31 AM	0.8	7:31	6:10	
26	Thu	9:03	1.2	7:16	2.0	2:19	-0.1	11:08 AM	1.1	7:31	6:10	
27	Fri			8:08	2.1	3:43	-0.3			7:30	6:11	
28	Sat			9:14	2.2	4:54	-0.7			7:30	6:12	
29	Sun			2:41	1.8	5:54	-1.0	5:35	1.7	7:29	6:13	
30	Mon			2:47	1.9	6:48	-1.2	6:33	1.5	7:29	6:14	
31	Tue			3:02	1.9	7:37	-1.3	7:26	1.3	7:28	6:15	