






























Lanark, St. George Sound, FL - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:47	1.3	8:18	2.0	2:42	0.5	1:55	0.6	7:33	5:50	
2	Fri	9:52	1.2	9:02	2.0	4:03	0.2	3:08	0.9	7:34	5:50	
3	Sat			12:22	1.3	5:02	-0.1	4:18	1.0	7:34	5:51	
4	Sun			1:22	1.5	5:49	-0.3	5:16	1.1	7:34	5:52	
5	Mon			1:56	1.6	6:31	-0.5	6:06	1.1	7:34	5:53	
6	Tue			2:24	1.7	7:10	-0.7	6:50	1.1	7:34	5:53	
7	Wed	12:12	2.2	2:49	1.8	7:46	-0.8	7:32	1.1	7:34	5:54	
8	Thu	12:53	2.3	3:13	1.8	8:22	-0.8	8:12	1.0	7:34	5:55	
9	Fri	1:30	2.3	3:39	1.8	8:56	-0.8	8:51	1.0	7:34	5:56	
10	Sat	2:07	2.3	4:05	1.8	9:30	-0.8	9:28	0.9	7:34	5:57	
11	Sun	2:44	2.2	4:34	1.8	10:02	-0.7	10:05	0.9	7:34	5:57	
12	Mon	3:22	2.1	5:04	1.8	10:33	-0.5	10:43	0.8	7:34	5:58	
13	Tue	4:03	2.0	5:37	1.8	11:03	-0.3	11:24	0.8	7:34	5:59	
14	Wed	4:51	1.7	6:12	1.8	11:32	-0.1			7:34	6:00	
15	Thu	5:50	1.5	6:49	1.8	12:16	0.7	12:00	0.2	7:34	6:01	
16	Fri	7:01	1.3	7:29	1.8	1:27	0.6	12:32	0.5	7:34	6:02	
17	Sat	8:26	1.2	8:13	1.9	2:52	0.3	1:25	0.8	7:34	6:03	
18	Sun	10:32	1.2	9:03	2.0	4:05	0.0	3:23	1.1	7:33	6:03	
19	Mon			12:39	1.4	5:03	-0.3	4:41	1.2	7:33	6:04	
20	Tue			1:28	1.7	5:55	-0.7	5:42	1.2	7:33	6:05	
21	Wed			2:04	1.8	6:44	-1.0	6:36	1.2	7:33	6:06	
22	Thu			2:38	1.9	7:32	-1.2	7:27	1.1	7:32	6:07	
23	Fri	12:50	2.5	3:10	2.0	8:18	-1.3	8:16	1.0	7:32	6:08	
24	Sat	1:40	2.6	3:42	2.0	9:02	-1.2	9:05	0.8	7:31	6:09	
25	Sun	2:29	2.5	4:15	2.0	9:44	-1.0	9:52	0.6	7:31	6:09	
26	Mon	3:18	2.4	4:47	2.0	10:23	-0.8	10:41	0.5	7:31	6:10	
27	Tue	4:09	2.1	5:21	2.0	11:01	-0.4	11:33	0.4	7:30	6:11	
28	Wed	5:06	1.8	5:56	2.0	11:37	0.0			7:30	6:12	
29	Thu	6:11	1.5	6:34	2.0	12:32	0.3	12:12	0.4	7:29	6:13	
30	Fri	7:30	1.2	7:16	2.0	1:45	0.2	12:50	0.7	7:29	6:14	
31	Sat	9:34	1.1	8:02	1.9	3:11	0.1	1:53	1.0	7:28	6:15	