










Lanark, St. George Sound, FL - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:10	2.3	2:47	1.9	7:41	-0.8	7:34	1.2	7:33	5:49	
2	Sun	12:50	2.4	3:20	1.9	8:20	-1.0	8:14	1.3	7:34	5:50	
3	Mon	1:28	2.4	3:55	2.0	8:59	-1.1	8:55	1.2	7:34	5:51	
4	Tue	2:07	2.5	4:32	1.9	9:37	-1.1	9:36	1.2	7:34	5:52	
5	Wed	2:48	2.4	5:09	1.9	10:16	-1.0	10:19	1.1	7:34	5:52	
6	Thu	3:32	2.3	5:47	1.9	10:55	-0.8	11:08	1.0	7:34	5:53	
7	Fri	4:24	2.0	6:24	1.9	11:34	-0.5			7:34	5:54	
8	Sat	5:28	1.8	7:02	1.9	12:09	0.9	12:15	-0.1	7:34	5:55	
9	Sun	6:46	1.5	7:40	2.0	1:27	0.7	1:02	0.3	7:34	5:55	
10	Mon	8:20	1.3	8:22	2.0	2:56	0.3	2:05	0.7	7:34	5:56	
11	Tue	10:41	1.3	9:08	2.1	4:11	-0.1	3:25	1.0	7:34	5:57	
12	Wed			12:52	1.5	5:10	-0.4	4:37	1.2	7:34	5:58	
13	Thu			1:46	1.7	6:01	-0.8	5:37	1.3	7:34	5:59	
14	Fri			2:23	1.8	6:49	-1.0	6:31	1.3	7:34	6:00	
15	Sat			2:55	1.8	7:35	-1.1	7:20	1.2	7:34	6:00	
16	Sun	12:39	2.4	3:25	1.9	8:18	-1.1	8:07	1.1	7:34	6:01	
17	Mon	1:24	2.5	3:53	1.8	8:58	-1.1	8:51	1.0	7:34	6:02	
18	Tue	2:07	2.4	4:21	1.8	9:36	-1.0	9:33	1.0	7:34	6:03	
19	Wed	2:48	2.3	4:49	1.8	10:11	-0.8	10:13	0.9	7:33	6:04	
20	Thu	3:30	2.1	5:17	1.8	10:45	-0.5	10:55	0.8	7:33	6:05	
21	Fri	4:14	1.9	5:45	1.7	11:17	-0.3	11:40	0.7	7:33	6:06	
22	Sat	5:05	1.7	6:16	1.7	11:47	0.1			7:32	6:06	
23	Sun	6:04	1.5	6:50	1.7	12:34	0.6	12:16	0.4	7:32	6:07	
24	Mon	7:15	1.3	7:27	1.8	1:44	0.5	12:45	0.7	7:32	6:08	
25	Tue	8:45	1.1	8:09	1.8	3:08	0.3	1:34	1.0	7:31	6:09	
26	Wed			1:11	1.2	4:18	0.1	3:35	1.2	7:31	6:10	
27	Thu			1:33	1.4	5:12	-0.2	4:50	1.3	7:30	6:11	
28	Fri			1:52	1.6	5:59	-0.4	5:46	1.3	7:30	6:12	
29	Sat			2:14	1.7	6:42	-0.7	6:34	1.3	7:29	6:12	
30	Sun			2:38	1.8	7:24	-0.9	7:18	1.2	7:29	6:13	
31	Mon	12:34	2.3	3:03	1.9	8:05	-1.0	8:00	1.1	7:28	6:14	