US HARBORS www.USHarbors.com

Lanark, St. George Sound, FL - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:00	2.4	5:14	2.7			12:07	1.7	6:41	8:43	
2	Sun	7:35	2.4	6:09	2.4	12:37	0.2	1:03	1.7	6:42	8:43	
3	Mon	8:09	2.4	7:15	2.2	1:17	0.6	2:12	1.5	6:42	8:43	
4	Tue	8:41	2.4	8:31	2.0	2:00	0.9	3:37	1.4	6:42	8:43	
5	Wed	9:15	2.4	10:06	1.8	2:54	1.2	4:52	1.1	6:43	8:43	
6	Thu	9:52	2.5			4:01	1.5	5:46	0.8	6:43	8:42	
7	Fri	12:34	1.9	10:33 AM	2.6	5:06	1.7	6:30	0.5	6:44	8:42	
8	Sat	1:58	2.1	11:19 AM	2.6	6:02	1.8	7:10	0.3	6:44	8:42	
9	Sun	2:38	2.2	12:06	2.7	6:50	1.8	7:49	0.1	6:45	8:42	
10	Mon	3:10	2.4	12:51	2.8	7:35	1.9	8:28	-0.1	6:45	8:42	
11	Tue	3:40	2.5	1:34	2.9	8:18	1.9	9:07	-0.2	6:46	8:41	
12	Wed	4:10	2.5	2:15	3.0	9:00	1.9	9:45	-0.3	6:46	8:41	
13	Thu	4:41	2.6	2:54	3.1	9:41	1.9	10:23	-0.3	6:47	8:41	
14	Fri	5:13	2.6	3:34	3.0	10:22	1.8	11:00	-0.2	6:47	8:41	
15	Sat	5:47	2.6	4:18	2.9	11:04	1.7	11:37	0.0	6:48	8:40	
16	Sun	6:21	2.6	5:07	2.8	11:50	1.6			6:49	8:40	
17	Mon	6:55	2.6	6:06	2.5	12:13	0.2	12:42	1.5	6:49	8:39	
18	Tue	7:31	2.6	7:17	2.3	12:50	0.6	1:47	1.3	6:50	8:39	
19	Wed	8:08	2.7	8:41	2.1	1:29	0.9	3:06	1.0	6:50	8:39	
20	Thu	8:47	2.7	10:30	2.0	2:18	1.3	4:26	0.7	6:51	8:38	
21	Fri	9:32	2.8			3:31	1.7	5:33	0.4	6:51	8:38	
22	Sat	1:14	2.1	10:22 AM	2.9	4:54	1.9	6:30	0.0	6:52	8:37	
23	Sun	2:27	2.3	11:19 AM	3.0	6:02	2.0	7:22	-0.2	6:53	8:37	
24	Mon	3:06	2.5	12:18	3.1	7:01	2.1	8:11	-0.4	6:53	8:36	
25	Tue	3:38	2.6	1:14	3.2	7:54	2.0	8:57	-0.4	6:54	8:35	
26	Wed	4:08	2.6	2:05	3.2	8:44	1.9	9:40	-0.4	6:54	8:35	
27	Thu	4:36	2.6	2:51	3.2	9:31	1.8	10:20	-0.3	6:55	8:34	
28	Fri	5:04	2.6	3:35	3.1	10:16	1.7	10:57	-0.1	6:55	8:33	
29	Sat	5:31	2.6	4:19	2.9	10:59	1.5	11:32	0.2	6:56	8:33	
30	Sun	5:58	2.5	5:05	2.7	11:42	1.4			6:57	8:32	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	**6:26**	2.5	**5:55**	2.5	**12:05**	0.5	**12:27**	1.3	6:57	8:31	