






















## Lanark, St. George Sound, FL - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			1:58	1.9	5:46	-0.6	5:49	1.5	7:03	6:37	
2	Fri			2:10	2.0	6:39	-0.7	6:41	1.3	7:02	6:38	
3	Sat			2:25	2.0	7:26	-0.7	7:26	1.0	7:01	6:39	
4	Sun	12:54	2.4	2:42	2.1	8:06	-0.6	8:08	0.8	6:59	6:39	
5	Mon	1:43	2.5	3:00	2.1	8:43	-0.5	8:47	0.5	6:58	6:40	
6	Tue	2:27	2.5	3:18	2.1	9:17	-0.2	9:25	0.3	6:57	6:41	
7	Wed	3:08	2.4	3:39	2.2	9:48	0.0	10:01	0.2	6:56	6:41	
8	Thu	3:50	2.2	4:01	2.2	10:16	0.3	10:37	0.1	6:55	6:42	
9	Fri	4:35	2.1	4:27	2.2	10:43	0.6	11:14	0.1	6:54	6:43	
10	Sat	5:24	1.9	4:55	2.1	11:04	0.9	11:55	0.1	6:53	6:43	
11	Sun	7:21	1.7	6:28	2.1			12:14	1.1	7:51	7:44	
12	Mon	8:33	1.5	7:07	2.0	1:47	0.2	11:58 AM	1.3	7:50	7:45	
13	Tue			8:00	2.0	3:06	0.3			7:49	7:45	
14	Wed			9:08	1.9	4:41	0.2			7:48	7:46	
15	Thu			2:46	1.8	5:54	0.1	6:15	1.6	7:47	7:47	
16	Fri			2:40	1.9	6:47	-0.1	7:01	1.4	7:45	7:47	
17	Sat			2:43	2.0	7:31	-0.2	7:39	1.2	7:44	7:48	
18	Sun	12:56	2.3	2:54	2.1	8:11	-0.2	8:16	1.0	7:43	7:48	
19	Mon	1:49	2.4	3:09	2.2	8:48	-0.2	8:53	0.7	7:42	7:49	
20	Tue	2:36	2.6	3:28	2.3	9:23	-0.1	9:31	0.4	7:41	7:50	
21	Wed	3:22	2.6	3:49	2.4	9:58	0.1	10:09	0.1	7:39	7:50	
22	Thu	4:08	2.6	4:14	2.5	10:31	0.3	10:49	-0.1	7:38	7:51	
23	Fri	4:58	2.4	4:41	2.5	11:03	0.7	11:32	-0.3	7:37	7:51	
24	Sat	5:54	2.3	5:11	2.6	11:32	1.0			7:36	7:52	
25	Sun	6:59	2.0	5:45	2.5	12:18	-0.3	11:56 AM	1.3	7:35	7:53	
26	Mon	8:22	1.8	6:26	2.5	1:13	-0.3	12:06	1.6	7:33	7:53	
27	Tue			7:22	2.4	2:24	-0.2			7:32	7:54	
28	Wed			8:36	2.2	3:56	-0.1			7:31	7:54	
29	Thu			2:08	2.0	5:22	-0.1	6:00	1.7	7:30	7:55	
30	Fri			2:13	2.1	6:27	-0.1	6:55	1.4	7:29	7:56	
31	Sat			2:23	2.2	7:18	-0.1	7:38	1.1	7:27	7:56	