













Lora Point, Escambia Bay, FL - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			2:26	1.1					6:14	5:47	
2	Mon			3:00	1.2	12:24	-0.1			6:13	5:47	
3	Tue			3:45	1.2	2:42	-0.2			6:12	5:48	
4	Wed			4:42	1.3	4:15	-0.3			6:11	5:49	
5	Thu			5:53	1.3	5:14	-0.4			6:10	5:50	
6	Fri			7:08	1.3	6:00	-0.5			6:08	5:50	
7	Sat			8:13	1.4	6:37	-0.5			6:07	5:51	
8	Sun			10:12	1.3	8:08	-0.5			7:06	6:52	
9	Mon			11:14	1.2	8:31	-0.4			7:05	6:52	
10	Tue					8:42	-0.2			7:04	6:53	
11	Wed	12:28	1.1	2:42	0.5	8:36	0.1	6:25	0.4	7:02	6:54	
12	Thu	1:57	0.8	2:09	0.7	8:03	0.4	8:35	0.2	7:01	6:54	
13	Fri	3:41	0.6	1:59	1.0	6:55	0.5	10:21	-0.1	7:00	6:55	
14	Sat			2:09	1.3					6:59	6:56	
15	Sun			2:40	1.5	12:07	-0.3			6:58	6:56	
16	Mon			3:26	1.6	1:53	-0.4			6:56	6:57	
17	Tue			4:24	1.6	3:32	-0.5			6:55	6:58	
18	Wed			5:36	1.6	4:56	-0.6			6:54	6:58	
19	Thu			7:09	1.5	6:03	-0.6			6:53	6:59	
20	Fri			8:40	1.4	6:56	-0.5			6:52	7:00	
21	Sat			9:48	1.3	7:38	-0.4			6:50	7:00	
22	Sun			10:44	1.2	8:09	-0.2			6:49	7:01	
23	Mon			11:40	1.0	8:20	0.1			6:48	7:01	
24	Tue			1:41	0.6	7:34	0.3	5:55	0.5	6:47	7:02	
25	Wed	12:47	0.8	1:16	0.8	6:48	0.4	7:27	0.3	6:45	7:03	
26	Thu	2:13	0.7	1:05	1.0	6:16	0.5	8:33	0.2	6:44	7:03	
27	Fri			1:07	1.2			9:32	0.0	6:43	7:04	
28	Sat			1:25	1.3			10:33	0.0	6:42	7:05	
29	Sun			1:53	1.4			11:48	-0.1	6:41	7:05	
30	Mon			2:30	1.4					6:39	7:06	
31	Tue			3:14	1.5	1:25	-0.1			6:38	7:06	