US HARBORS www.USHarbors.com

Lostmans River entrance, FL - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:19	3.4	4:14	3.8	11:33	1.1			6:37	8:19	
2	Fri	6:01	3.5	5:21	3.5	12:14	0.1	12:29	1.0	6:37	8:19	
3	Sat	6:44	3.5	6:44	3.2	1:00	0.4	1:37	0.9	6:38	8:19	
4	Sun	7:31	3.6	8:12	3.0	1:54	0.7	2:52	0.7	6:38	8:19	
5	Mon	8:20	3.7	9:37	2.8	2:55	1.0	4:02	0.4	6:39	8:19	
6	Tue	9:13	3.9	11:06	2.8	3:58	1.2	5:06	0.1	6:39	8:19	
7	Wed	10:11	4.0			4:59	1.3	6:06	-0.1	6:39	8:19	
8	Thu	12:24	2.9	11:09 AM	4.2	5:59	1.4	7:01	-0.3	6:40	8:19	
9	Fri	1:17	3.0	12:03	4.4	6:55	1.4	7:52	-0.4	6:40	8:19	
10	Sat	1:58	3.1	12:50	4.5	7:46	1.3	8:38	-0.5	6:41	8:19	
11	Sun	2:35	3.2	1:34	4.5	8:34	1.2	9:22	-0.4	6:41	8:19	
12	Mon	3:11	3.2	2:17	4.4	9:21	1.1	10:05	-0.3	6:42	8:18	
13	Tue	3:47	3.3	3:02	4.2	10:08	1.1	10:46	-0.1	6:42	8:18	
14	Wed	4:23	3.4	3:49	3.9	10:54	1.0	11:25	0.2	6:42	8:18	
15	Thu	5:01	3.5	4:38	3.7	11:40	1.0			6:43	8:18	
16	Fri	5:40	3.5	5:30	3.4	12:04	0.5	12:29	1.0	6:43	8:17	
17	Sat	6:22	3.5	6:29	3.1	12:43	0.7	1:26	1.0	6:44	8:17	
18	Sun	7:09	3.5	7:36	2.8	1:26	1.0	2:32	1.0	6:44	8:17	
19	Mon	7:59	3.5	8:48	2.6	2:18	1.3	3:38	0.8	6:45	8:16	
20	Tue	8:51	3.5	10:04	2.6	3:20	1.5	4:38	0.7	6:45	8:16	
21	Wed	9:44	3.6	11:24	2.6	4:21	1.6	5:34	0.5	6:46	8:16	
22	Thu	10:38	3.7			5:18	1.6	6:24	0.3	6:46	8:15	
23	Fri	12:23	2.8	11:28 AM	3.9	6:10	1.6	7:08	0.1	6:47	8:15	
24	Sat	1:02	3.0	12:10	4.1	6:56	1.6	7:49	0.0	6:47	8:14	
25	Sun	1:36	3.1	12:48	4.2	7:37	1.5	8:29	-0.1	6:48	8:14	
26	Mon	2:10	3.3	1:23	4.4	8:17	1.4	9:08	-0.2	6:48	8:13	
27	Tue	2:44	3.4	1:58	4.4	8:59	1.2	9:47	-0.2	6:49	8:13	
28	Wed	3:20	3.6	2:38	4.4	9:43	1.1	10:27	-0.1	6:49	8:12	
29	Thu	3:56	3.7	3:26	4.2	10:29	0.9	11:07	0.1	6:50	8:12	
30	Fri	4:33	3.7	4:23	4.0	11:18	0.8	11:48	0.4	6:50	8:11	
31	Sat	5:12	3.8	5:27	3.7			12:12	0.7	6:51	8:11	