
































## North Harris Channel, Upper Sugarloaf Sound, FL - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:19	0.5	2:28	0.2	9:56	-0.1	8:53	0.1	7:10	5:49	
2	Fri	1:17	0.5	3:15	0.2	10:49	-0.2	9:48	0.1	7:10	5:49	
3	Sat	2:14	0.5	3:58	0.2	11:38	-0.2	10:42	0.0	7:11	5:50	
4	Sun	3:08	0.5	4:38	0.2			12:24	-0.1	7:11	5:51	
5	Mon	4:01	0.5	5:16	0.3			1:08	-0.1	7:11	5:51	
6	Tue	4:51	0.5	5:53	0.3	12:29	0.0	1:50	-0.1	7:11	5:52	
7	Wed	5:40	0.4	6:30	0.3	1:25	0.0	2:31	0.0	7:11	5:53	
8	Thu	6:29	0.4	7:08	0.3	2:26	0.0	3:12	0.0	7:11	5:54	
9	Fri	7:20	0.3	7:48	0.3	3:31	0.0	3:52	0.0	7:12	5:54	
10	Sat	8:20	0.2	8:32	0.3	4:42	0.0	4:34	0.1	7:12	5:55	
11	Sun	9:41	0.2	9:22	0.3	5:53	0.0	5:18	0.1	7:12	5:56	
12	Mon	11:26	0.2	10:17	0.3	7:04	0.0	6:06	0.1	7:12	5:56	
13	Tue			12:53	0.2	8:10	0.0	6:59	0.1	7:12	5:57	
14	Wed			1:49	0.2	9:08	0.0	7:53	0.1	7:12	5:58	
15	Thu	12:07	0.4	2:27	0.2	9:56	-0.1	8:44	0.1	7:12	5:59	
16	Fri	12:56	0.4	2:57	0.2	10:36	-0.1	9:29	0.1	7:12	5:59	
17	Sat	1:41	0.4	3:25	0.2	11:12	-0.1	10:10	0.1	7:12	6:00	
18	Sun	2:24	0.4	3:54	0.2	11:44	-0.1	10:50	0.1	7:11	6:01	
19	Mon	3:05	0.4	4:23	0.2			12:16	-0.1	7:11	6:02	
20	Tue	3:46	0.4	4:52	0.3			12:46	-0.1	7:11	6:02	
21	Wed	4:27	0.4	5:22	0.3	12:11	0.0	1:17	-0.1	7:11	6:03	
22	Thu	5:10	0.4	5:53	0.3	12:57	0.0	1:49	-0.1	7:11	6:04	
23	Fri	5:55	0.4	6:25	0.3	1:47	0.0	2:22	0.0	7:11	6:05	
24	Sat	6:45	0.3	7:00	0.3	2:45	0.0	2:56	0.0	7:10	6:05	
25	Sun	7:46	0.2	7:41	0.3	3:51	0.0	3:34	0.0	7:10	6:06	
26	Mon	9:09	0.2	8:35	0.4	5:05	-0.1	4:17	0.1	7:10	6:07	
27	Tue	10:56	0.1	9:44	0.4	6:23	-0.1	5:12	0.1	7:09	6:08	
28	Wed			12:31	0.1	7:42	-0.1	6:20	0.1	7:09	6:08	
29	Thu			1:34	0.1	8:54	-0.1	7:34	0.1	7:09	6:09	
30	Fri	12:14	0.4	2:21	0.2	9:54	-0.2	8:44	0.1	7:08	6:10	
31	Sat	1:18	0.4	3:00	0.2	10:43	-0.2	9:46	0.0	7:08	6:10	