

Orange Park Landing, FL - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:25	1.0	5:06	1.0	11:40	-0.1			6:45	8:20	
2	Mon	5:18	0.9	6:06	1.0	12:23	0.0	12:38	-0.1	6:46	8:19	
3	Tue	6:17	0.9	7:10	1.0	1:28	0.1	1:38	0.0	6:46	8:18	
4	Wed	7:22	0.9	8:16	1.0	2:32	0.1	2:38	0.0	6:47	8:18	
5	Thu	8:28	0.9	9:19	1.0	3:34	0.1	3:38	0.0	6:48	8:17	
6	Fri	9:32	0.9	10:16	1.1	4:33	0.0	4:38	0.0	6:48	8:16	
7	Sat	10:30	0.9	11:09	1.1	5:29	0.0	5:34	0.0	6:49	8:15	
8	Sun	11:23	0.9	11:58	1.1	6:22	0.0	6:28	0.0	6:49	8:14	
9	Mon			12:13	0.9	7:10	0.0	7:17	0.0	6:50	8:13	
10	Tue	12:44	1.1	1:00	1.0	7:54	0.0	8:03	0.0	6:51	8:12	
11	Wed	1:26	1.1	1:44	1.0	8:36	0.0	8:47	0.0	6:51	8:12	
12	Thu	2:07	1.0	2:25	0.9	9:16	0.0	9:30	0.1	6:52	8:11	
13	Fri	2:45	1.0	3:06	0.9	9:55	0.0	10:13	0.1	6:52	8:10	
14	Sat	3:22	0.9	3:45	0.9	10:34	0.1	10:58	0.2	6:53	8:09	
15	Sun	4:00	0.9	4:26	0.9	11:15	0.1	11:48	0.2	6:54	8:08	
16	Mon	4:40	0.8	5:10	0.9	11:58	0.1			6:54	8:07	
17	Tue	5:23	0.8	5:58	0.9	12:41	0.2	12:45	0.1	6:55	8:06	
18	Wed	6:13	0.8	6:52	0.9	1:36	0.2	1:35	0.1	6:55	8:05	
19	Thu	7:09	0.8	7:50	0.9	2:31	0.2	2:27	0.1	6:56	8:04	
20	Fri	8:09	0.8	8:48	0.9	3:24	0.2	3:21	0.1	6:56	8:03	
21	Sat	9:07	0.8	9:41	1.0	4:16	0.2	4:14	0.1	6:57	8:01	
22	Sun	10:02	0.9	10:31	1.0	5:05	0.2	5:07	0.1	6:58	8:00	
23	Mon	10:53	0.9	11:19	1.1	5:52	0.1	5:58	0.0	6:58	7:59	
24	Tue	11:42	1.0			6:37	0.0	6:47	0.0	6:59	7:58	
25	Wed	12:05	1.1	12:31	1.0	7:21	0.0	7:35	0.0	6:59	7:57	
26	Thu	12:52	1.1	1:19	1.1	8:04	0.0	8:24	-0.1	7:00	7:56	
27	Fri	1:39	1.1	2:09	1.1	8:48	-0.1	9:14	0.0	7:00	7:55	
28	Sat	2:27	1.1	3:00	1.1	9:33	-0.1	10:07	0.0	7:01	7:54	
29	Sun	3:16	1.1	3:53	1.1	10:23	0.0	11:05	0.0	7:02	7:52	
30	Mon	4:08	1.0	4:49	1.1	11:18	0.0			7:02	7:51	
31	Tue	5:04	1.0	5:50	1.1	12:09	0.1	12:18	0.0	7:03	7:50	