

































## Orange Park Landing, FL - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:39	0.6	1:51	0.5	8:41	-0.3	7:48	-0.5	6:52	6:25	
2	Fri	2:34	0.6	2:43	0.4	9:57	-0.3	8:44	-0.4	6:51	6:26	
3	Sat	3:39	0.5	3:46	0.4	11:03	-0.3	10:09	-0.4	6:50	6:26	
4	Sun	4:58	0.5	5:09	0.4			12:06	-0.3	6:49	6:27	
5	Mon	6:14	0.5	6:28	0.4			1:05	-0.3	6:48	6:28	
6	Tue	7:20	0.5	7:34	0.5	1:04	-0.4	2:02	-0.3	6:47	6:29	
7	Wed	8:17	0.5	8:32	0.5	2:08	-0.4	2:57	-0.3	6:45	6:29	
8	Thu	9:07	0.6	9:24	0.6	3:06	-0.4	3:47	-0.4	6:44	6:30	
9	Fri	9:54	0.6	10:13	0.6	3:59	-0.4	4:34	-0.4	6:43	6:31	
10	Sat	10:38	0.6	10:59	0.6	4:46	-0.4	5:17	-0.4	6:42	6:31	
11	Sun	11:19	0.6	11:44	0.6	5:31	-0.4	5:55	-0.4	6:41	6:32	
12	Mon	11:57	0.6			6:13	-0.4	6:26	-0.3	6:40	6:33	
13	Tue	12:26	0.6	12:31	0.5	6:53	-0.3	6:37	-0.3	6:38	6:33	
14	Wed	1:05	0.6	12:58	0.5	7:32	-0.3	6:27	-0.3	6:37	6:34	
15	Thu	1:40	0.6	1:19	0.5	8:10	-0.2	6:56	-0.3	6:36	6:34	
16	Fri	2:06	0.6	1:47	0.5	8:49	-0.2	7:35	-0.3	6:35	6:35	
17	Sat	2:27	0.6	2:25	0.5	9:35	-0.1	8:21	-0.3	6:34	6:36	
18	Sun	3:00	0.5	3:10	0.5	10:31	-0.1	9:14	-0.3	6:32	6:36	
19	Mon	3:46	0.5	4:03	0.5	11:29	-0.1	10:11	-0.3	6:31	6:37	
20	Tue	4:44	0.5	5:06	0.5			12:26	-0.1	6:30	6:38	
21	Wed	6:21	0.5	6:22	0.5			1:21	-0.1	6:29	6:38	
22	Thu	7:33	0.6	7:34	0.5	12:15	-0.2	2:14	-0.2	6:28	6:39	
23	Fri	8:24	0.6	8:31	0.6	1:25	-0.3	3:04	-0.2	6:26	6:39	
24	Sat	9:10	0.7	9:22	0.7	2:45	-0.3	3:48	-0.2	6:25	6:40	
25	Sun	9:52	0.7	10:10	0.7	3:55	-0.3	4:25	-0.3	6:24	6:41	
26	Mon	10:34	0.7	10:59	0.8	4:54	-0.3	4:55	-0.3	6:23	6:41	
27	Tue	11:17	0.7	11:50	0.8	5:49	-0.3	5:23	-0.3	6:21	6:42	
28	Wed			12:02	0.7	6:45	-0.2	5:57	-0.3	6:20	6:42	
29	Thu	12:41	0.8	12:50	0.7	7:46	-0.2	6:39	-0.3	6:19	6:43	
30	Fri	1:35	0.8	1:42	0.6	8:48	-0.1	7:30	-0.3	6:18	6:44	
31	Sat	2:32	0.8	2:41	0.6	9:50	-0.1	8:45	-0.2	6:17	6:44	