

Palm Beach, FL - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:31	3.0	4:53	3.0	10:48	0.8	11:14	0.6	6:30	5:37	
2	Tue	5:26	3.0	5:42	3.0	11:39	0.7			6:30	5:36	
3	Wed	6:15	3.1	6:25	3.0	12:00	0.5	12:25	0.7	6:31	5:36	
4	Thu	6:58	3.2	7:05	3.1	12:42	0.5	1:06	0.7	6:32	5:35	
5	Fri	7:37	3.2	7:43	3.1	1:21	0.4	1:45	0.7	6:32	5:34	
6	Sat	8:15	3.2	8:20	3.1	1:58	0.4	2:22	0.7	6:33	5:34	
7	Sun	8:52	3.2	8:57	3.0	2:34	0.3	2:58	0.7	6:34	5:33	
8	Mon	9:30	3.2	9:34	3.0	3:09	0.4	3:34	0.7	6:34	5:33	
9	Tue	10:08	3.2	10:13	2.9	3:43	0.4	4:09	0.8	6:35	5:32	
10	Wed	10:47	3.1	10:53	2.8	4:19	0.5	4:46	0.8	6:36	5:32	
11	Thu	11:29	3.0	11:36	2.8	4:57	0.5	5:27	0.9	6:36	5:31	
12	Fri			12:13	2.9	5:39	0.6	6:13	0.9	6:37	5:31	
13	Sat	12:25	2.7	1:01	2.9	6:29	0.7	7:07	0.8	6:38	5:30	
14	Sun	1:20	2.7	1:53	2.8	7:28	0.7	8:08	0.8	6:39	5:30	
15	Mon	2:21	2.7	2:50	2.9	8:33	0.7	9:10	0.6	6:39	5:29	
16	Tue	3:26	2.9	3:48	2.9	9:39	0.7	10:11	0.4	6:40	5:29	
17	Wed	4:30	3.0	4:47	3.0	10:41	0.5	11:07	0.2	6:41	5:29	
18	Thu	5:31	3.2	5:44	3.2	11:38	0.4			6:42	5:28	
19	Fri	6:28	3.4	6:39	3.3	12:02	-0.1	12:33	0.3	6:42	5:28	
20	Sat	7:22	3.6	7:32	3.4	12:54	-0.3	1:26	0.2	6:43	5:28	
21	Sun	8:15	3.7	8:25	3.4	1:46	-0.4	2:17	0.1	6:44	5:28	
22	Mon	9:06	3.7	9:17	3.4	2:38	-0.4	3:09	0.1	6:45	5:27	
23	Tue	9:57	3.6	10:10	3.4	3:30	-0.4	4:01	0.1	6:45	5:27	
24	Wed	10:48	3.5	11:03	3.2	4:22	-0.3	4:55	0.2	6:46	5:27	
25	Thu	11:39	3.3	11:58	3.1	5:17	-0.1	5:51	0.3	6:47	5:27	
26	Fri			12:32	3.1	6:13	0.1	6:50	0.4	6:48	5:27	
27	Sat	12:54	2.9	1:25	3.0	7:13	0.3	7:50	0.4	6:48	5:27	
28	Sun	1:54	2.8	2:20	2.8	8:15	0.5	8:50	0.5	6:49	5:26	
29	Mon	2:54	2.7	3:15	2.7	9:16	0.6	9:47	0.5	6:50	5:26	
30	Tue	3:55	2.6	4:09	2.6	10:13	0.7	10:39	0.4	6:51	5:26	