

## Panama City, FL - Mar 1976

| Date |     | High  |     |          |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM       | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Mon | 11:51 | 0.3 | 11:28    | 0.5 | 5:28  | 0.1  | 4:21  | 0.2  | 6:08                                                                                | 5:41 | ●                                                                                   |
| 2    | Tue |       |     | 12:03    | 0.4 | 5:25  | 0.2  | 5:34  | 0.1  | 6:07                                                                                | 5:42 | ●                                                                                   |
| 3    | Wed | 12:22 | 0.4 | 12:09    | 0.6 | 4:59  | 0.2  | 6:50  | 0.1  | 6:05                                                                                | 5:43 | ●                                                                                   |
| 4    | Thu | 1:22  | 0.3 | 11:59 AM | 0.7 | 4:25  | 0.2  | 8:13  | 0.1  | 6:04                                                                                | 5:43 | ●                                                                                   |
| 5    | Fri |       |     | 12:06    | 0.8 |       |      | 9:42  | 0.0  | 6:03                                                                                | 5:44 | ●                                                                                   |
| 6    | Sat |       |     | 12:37    | 0.9 |       |      |       |      | 6:02                                                                                | 5:45 | ●                                                                                   |
| 7    | Sun |       |     | 1:18     | 1.0 | 12:39 | -0.1 |       |      | 6:01                                                                                | 5:45 | ●                                                                                   |
| 8    | Mon |       |     | 2:08     | 1.0 | 1:57  | -0.2 |       |      | 6:00                                                                                | 5:46 | ●                                                                                   |
| 9    | Tue |       |     | 3:11     | 1.0 | 2:44  | -0.3 |       |      | 5:59                                                                                | 5:47 | ●                                                                                   |
| 10   | Wed |       |     | 4:36     | 1.1 | 3:22  | -0.3 |       |      | 5:57                                                                                | 5:47 | ●                                                                                   |
| 11   | Thu |       |     | 6:11     | 1.1 | 3:56  | -0.3 |       |      | 5:56                                                                                | 5:48 | ●                                                                                   |
| 12   | Fri |       |     | 7:28     | 1.0 | 4:26  | -0.3 |       |      | 5:55                                                                                | 5:49 | ●                                                                                   |
| 13   | Sat |       |     | 8:42     | 1.0 | 4:50  | -0.2 |       |      | 5:54                                                                                | 5:49 | ○                                                                                   |
| 14   | Sun |       |     | 9:59     | 0.9 | 5:05  | 0.0  |       |      | 5:53                                                                                | 5:50 | ○                                                                                   |
| 15   | Mon | 11:01 | 0.4 | 11:18    | 0.7 | 5:10  | 0.2  | 3:43  | 0.2  | 5:51                                                                                | 5:51 | ○                                                                                   |
| 16   | Tue | 11:05 | 0.6 |          |     | 5:04  | 0.3  | 5:22  | 0.1  | 5:50                                                                                | 5:51 | ○                                                                                   |
| 17   | Wed | 12:40 | 0.6 | 11:09 AM | 0.8 | 4:17  | 0.5  | 7:01  | 0.0  | 5:49                                                                                | 5:52 | ○                                                                                   |
| 18   | Thu | 11:14 | 1.0 |          |     |       |      | 8:52  | -0.1 | 5:48                                                                                | 5:52 | ○                                                                                   |
| 19   | Fri | 11:43 | 1.1 |          |     |       |      | 10:45 | -0.2 | 5:47                                                                                | 5:53 | ○                                                                                   |
| 20   | Sat |       |     | 12:26    | 1.2 |       |      |       |      | 5:45                                                                                | 5:54 | ○                                                                                   |
| 21   | Sun |       |     | 1:15     | 1.2 | 12:17 | -0.3 |       |      | 5:44                                                                                | 5:54 | ○                                                                                   |
| 22   | Mon |       |     | 2:14     | 1.2 | 1:32  | -0.3 |       |      | 5:43                                                                                | 5:55 | ○                                                                                   |
| 23   | Tue |       |     | 3:47     | 1.1 | 2:32  | -0.3 |       |      | 5:42                                                                                | 5:56 | ●                                                                                   |
| 24   | Wed |       |     | 5:38     | 1.0 | 3:21  | -0.2 |       |      | 5:41                                                                                | 5:56 | ●                                                                                   |
| 25   | Thu |       |     | 6:53     | 0.9 | 3:59  | -0.1 |       |      | 5:39                                                                                | 5:57 | ●                                                                                   |
| 26   | Fri |       |     | 7:56     | 0.8 | 4:25  | 0.1  |       |      | 5:38                                                                                | 5:57 | ●                                                                                   |
| 27   | Sat | 9:47  | 0.5 | 8:58     | 0.7 | 4:08  | 0.2  | 1:53  | 0.4  | 5:37                                                                                | 5:58 | ●                                                                                   |
| 28   | Sun | 9:48  | 0.6 | 10:02    | 0.6 | 3:36  | 0.3  | 3:14  | 0.3  | 5:36                                                                                | 5:59 | ●                                                                                   |
| 29   | Mon | 10:00 | 0.7 | 11:11    | 0.6 | 3:30  | 0.4  | 4:17  | 0.3  | 5:34                                                                                | 5:59 | ●                                                                                   |
| 30   | Tue | 10:11 | 0.8 |          |     | 3:11  | 0.5  | 5:16  | 0.2  | 5:33                                                                                | 6:00 | ●                                                                                   |
| 31   | Wed | 10:07 | 0.9 |          |     |       |      | 6:16  | 0.1  | 5:32                                                                                | 6:00 | ●                                                                                   |