

Panama City, FL - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:40	1.4			10:04	0.2	5:44	7:48	
2	Fri			1:09	1.2			10:06	0.4	5:45	7:48	
3	Sat	5:38	0.9	1:22	0.9	8:01	0.9	9:31	0.5	5:45	7:48	
4	Sun	5:41	1.0					8:38	0.6	5:46	7:48	
5	Mon	5:59	1.2					4:48	0.3	5:46	7:47	
6	Tue	6:27	1.4					5:22	0.1	5:46	7:47	
7	Wed	7:06	1.6					6:03	-0.1	5:47	7:47	
8	Thu	7:52	1.7					6:49	-0.2	5:47	7:47	
9	Fri	8:43	1.8					7:36	-0.2	5:48	7:47	
10	Sat	9:35	1.8					8:22	-0.2	5:48	7:47	
11	Sun	10:28	1.7					9:03	-0.1	5:49	7:46	
12	Mon	11:18	1.7					9:37	0.0	5:49	7:46	
13	Tue			12:02	1.5			9:53	0.2	5:50	7:46	
14	Wed			12:36	1.4			9:35	0.4	5:51	7:45	
15	Thu			12:52	1.2			9:21	0.5	5:51	7:45	
16	Fri	4:18	0.9	12:50	1.0	6:29	0.8	9:03	0.6	5:52	7:45	
17	Sat	4:25	1.0	12:51	0.9	10:13	0.8	7:55	0.6	5:52	7:44	
18	Sun	4:40	1.1					7:20	0.6	5:53	7:44	
19	Mon	4:58	1.2					4:52	0.5	5:53	7:44	
20	Tue	5:26	1.3					5:13	0.3	5:54	7:43	
21	Wed	6:10	1.4					5:41	0.2	5:54	7:43	
22	Thu	7:01	1.5					6:13	0.1	5:55	7:42	
23	Fri	7:50	1.6					6:47	0.1	5:56	7:42	
24	Sat	8:36	1.7					7:20	0.0	5:56	7:41	
25	Sun	9:23	1.7					7:51	0.0	5:57	7:40	
26	Mon	10:11	1.7					8:17	0.1	5:57	7:40	
27	Tue	11:01	1.7					8:35	0.2	5:58	7:39	
28	Wed	11:53	1.6					8:45	0.3	5:59	7:39	
29	Thu			12:47	1.4			8:51	0.5	5:59	7:38	
30	Fri	3:20	0.9	1:44	1.2	5:36	0.8	8:43	0.6	6:00	7:37	
31	Sat	3:24	1.0	2:59	1.0	8:37	0.8	7:49	0.7	6:00	7:36	