

Panama City, FL - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:41	1.3					5:13	0.2	5:44	7:48	
2	Mon	6:01	1.5					5:45	0.1	5:45	7:48	
3	Tue	6:37	1.6					6:20	0.0	5:45	7:48	
4	Wed	7:21	1.6					6:58	-0.1	5:45	7:48	
5	Thu	8:09	1.7					7:38	-0.2	5:46	7:48	
6	Fri	8:57	1.8					8:16	-0.2	5:46	7:47	
7	Sat	9:43	1.8					8:49	-0.2	5:47	7:47	
8	Sun	10:26	1.8					9:15	-0.2	5:47	7:47	
9	Mon	11:06	1.7					9:32	-0.1	5:48	7:47	
10	Tue	11:45	1.6					9:43	0.1	5:48	7:47	
11	Wed			12:21	1.5			9:47	0.2	5:49	7:46	
12	Thu			12:56	1.3			9:40	0.4	5:49	7:46	
13	Fri	4:52	0.9	1:26	1.0	7:24	0.8	8:47	0.6	5:50	7:46	
14	Sat	4:37	1.0					7:46	0.6	5:50	7:46	
15	Sun	4:24	1.3					4:11	0.4	5:51	7:45	
16	Mon	4:38	1.5					4:41	0.1	5:51	7:45	
17	Tue	5:27	1.7					5:25	-0.1	5:52	7:45	
18	Wed	6:34	1.9					6:14	-0.3	5:53	7:44	
19	Thu	7:45	2.0					7:06	-0.4	5:53	7:44	
20	Fri	8:53	2.0					7:56	-0.4	5:54	7:43	
21	Sat	9:58	2.0					8:44	-0.3	5:54	7:43	
22	Sun	10:59	1.9					9:25	-0.1	5:55	7:42	
23	Mon	11:55	1.8					9:54	0.1	5:55	7:42	
24	Tue			12:46	1.5			9:50	0.4	5:56	7:41	
25	Wed			1:34	1.3			9:06	0.6	5:57	7:41	
26	Thu	3:25	0.9	2:23	1.0	7:04	0.8	8:18	0.7	5:57	7:40	
27	Fri	3:17	1.1	3:39	0.8	10:16	0.7	6:48	0.7	5:58	7:39	
28	Sat	3:07	1.2					3:07	0.6	5:58	7:39	
29	Sun	3:11	1.4					3:53	0.4	5:59	7:38	
30	Mon	3:46	1.5					4:33	0.2	6:00	7:37	
31	Tue	4:40	1.6					5:13	0.1	6:00	7:37	