






























Panama City, FL - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:39	1.5	10:49	1.1			4:46	0.8	6:36	6:28	
2	Tue	10:05	1.4	10:32	1.2	2:55	1.0	4:42	0.9	6:36	6:27	
3	Wed	11:43	1.3	10:06	1.4	4:34	0.8	4:05	1.1	6:37	6:26	
4	Thu			9:45	1.6	5:51	0.6			6:37	6:24	
5	Fri			10:12	1.8	7:09	0.4			6:38	6:23	
6	Sat			10:56	2.0	8:37	0.3			6:38	6:22	
7	Sun			11:49	2.1	10:10	0.1			6:39	6:21	
8	Mon					11:37	0.1			6:40	6:20	
9	Tue	12:47	2.1					12:57	0.0	6:40	6:19	
10	Wed	1:48	2.1					2:08	0.1	6:41	6:17	
11	Thu	2:55	2.0					3:07	0.1	6:42	6:16	
12	Fri	4:29	1.8					3:53	0.3	6:42	6:15	
13	Sat	6:36	1.6					4:22	0.5	6:43	6:14	
14	Sun	8:06	1.4	9:53	1.1			4:03	0.8	6:43	6:13	
15	Mon	9:30	1.2	9:35	1.2	2:43	0.9	3:16	1.0	6:44	6:12	
16	Tue	11:15	1.1	9:31	1.4	4:24	0.8	2:05	1.0	6:45	6:11	
17	Wed			9:17	1.6	5:36	0.6			6:45	6:10	
18	Thu			9:19	1.7	6:37	0.4			6:46	6:09	
19	Fri			9:44	1.8	7:34	0.3			6:47	6:07	
20	Sat			10:19	1.8	8:32	0.3			6:48	6:06	
21	Sun			11:01	1.9	9:31	0.2			6:48	6:05	
22	Mon			11:47	1.9	10:29	0.2			6:49	6:04	
23	Tue					11:26	0.2			6:50	6:03	
24	Wed	12:35	1.8					12:19	0.2	6:50	6:02	
25	Thu	1:24	1.8					1:07	0.2	6:51	6:01	
26	Fri	2:13	1.7					1:45	0.3	6:52	6:01	
27	Sat	3:04	1.6					2:10	0.4	6:52	6:00	
28	Sun	3:05	1.4					1:25	0.5	5:53	4:59	
29	Mon	5:24	1.2	8:12	1.1			1:30	0.7	5:54	4:58	
30	Tue	8:03	1.0	7:57	1.2	2:03	0.8	12:56	0.9	5:55	4:57	
31	Wed			7:34	1.4	3:25	0.6			5:55	4:56	