US HARBORS www.USHarbors.com

Panama City, FL - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			11:50	0.6	8:57	-0.2			6:38	4:53	
2	Fri			4:36	0.4	8:41	-0.1	9:35	0.4	6:39	4:54	
3	Sat	12:06	0.4	4:21	0.5	7:42	0.0			6:39	4:55	
4	Sun			4:10	0.7	6:37	0.0			6:39	4:56	
5	Mon			4:22	1.0	3:41	-0.3			6:39	4:56	
6	Tue			5:04	1.2	4:03	-0.5			6:39	4:57	
7	Wed			5:59	1.3	4:42	-0.8			6:39	4:58	
8	Thu			6:59	1.5	5:29	-1.0			6:39	4:59	
9	Fri			8:01	1.5	6:21	-1.1			6:39	5:00	
10	Sat			9:04	1.5	7:13	-1.1			6:39	5:00	
11	Sun			10:06	1.4	8:01	-1.0			6:39	5:01	
12	Mon			11:05	1.2	8:43	-0.8			6:39	5:02	
13	Tue			11:59	0.9	9:11	-0.6			6:39	5:03	
14	Wed					9:04	-0.3			6:39	5:04	
15	Thu	12:48	0.6	3:10	0.3	8:25	-0.1	8:25	0.2	6:39	5:05	
16	Fri			3:08	0.5	7:02	0.0			6:39	5:05	
17	Sat			3:18	0.7	2:19	-0.1			6:39	5:06	
18	Sun			3:39	0.8	2:59	-0.3			6:38	5:07	
19	Mon			4:21	1.0	3:38	-0.5			6:38	5:08	
20	Tue			5:16	1.0	4:17	-0.6			6:38	5:09	
21	Wed			6:12	1.1	4:56	-0.7			6:37	5:10	
22	Thu			7:03	1.1	5:35	-0.7			6:37	5:11	
23	Fri			7:49	1.1	6:12	-0.7			6:37	5:11	
24	Sat			8:31	1.1	6:46	-0.7			6:36	5:12	
25	Sun			9:08	1.0	7:15	-0.7			6:36	5:13	
26	Mon			9:44	1.0	7:32	-0.6			6:36	5:14	
27	Tue			10:20	0.8	7:35	-0.5			6:35	5:15	
28	Wed			10:56	0.7	7:34	-0.3			6:35	5:16	
29	Thu			2:23	0.2	7:30	-0.2	4:46	0.2	6:34	5:17	
30	Fri			2:12	0.3	6:57	-0.1	7:45	0.1	6:33	5:18	
31	Sat	12:03	0.2	1:55	0.5	6:04	0.0			6:33	5:18	