US HARBORS www.USHarbors.com

Panama City, FL - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**6:01**	1.5					**5:23**	0.0	5:44	7:48	
2	Thu	**6:35**	1.6					**6:04**	-0.1	5:45	7:48	
3	Fri	**7:17**	1.7					**6:45**	-0.1	5:45	7:48	
4	Sat	**8:02**	1.7					**7:26**	-0.2	5:46	7:48	
5	Sun	**8:47**	1.7					**8:06**	-0.2	5:46	7:48	
6	Mon	**9:31**	1.7					**8:41**	-0.1	5:47	7:47	
7	Tue	**10:12**	1.7					**9:09**	-0.1	5:47	7:47	
8	Wed	**10:50**	1.7					**9:27**	0.0	5:48	7:47	
9	Thu	**11:25**	1.6					**9:32**	0.1	5:48	7:47	
10	Fri	**11:57**	1.5					**9:34**	0.2	5:49	7:47	
11	Sat			**12:28**	1.3			**9:34**	0.4	5:49	7:46	
12	Sun			**12:58**	1.1			**9:14**	0.5	5:50	7:46	
13	Mon	**4:36**	0.9	**1:22**	0.9	**8:38**	0.8	**8:16**	0.6	5:50	7:46	
14	Tue	**4:21**	1.1					**7:29**	0.6	5:51	7:46	
15	Wed	**4:07**	1.3					**4:30**	0.4	5:51	7:45	
16	Thu	**4:34**	1.5					**4:51**	0.1	5:52	7:45	
17	Fri	**5:26**	1.7					**5:28**	-0.1	5:52	7:44	
18	Sat	**6:30**	1.8					**6:13**	-0.3	5:53	7:44	
19	Sun	**7:39**	2.0					**7:02**	-0.4	5:53	7:44	
20	Mon	**8:46**	2.1					**7:52**	-0.4	5:54	7:43	
21	Tue	**9:53**	2.1					**8:40**	-0.4	5:55	7:43	
22	Wed	**10:59**	2.0					**9:23**	-0.2	5:55	7:42	
23	Thu			**12:03**	1.8			**9:55**	0.1	5:56	7:42	
24	Fri			**1:04**	1.6			**9:55**	0.4	5:56	7:41	
25	Sat			**2:06**	1.3			**9:10**	0.7	5:57	7:40	
26	Sun	**3:19**	0.9	**3:19**	0.9	**8:43**	0.7	**7:42**	0.8	5:58	7:40	
27	Mon	**3:17**	1.2					**1:34**	0.6	5:58	7:39	
28	Tue	**3:21**	1.4					**3:12**	0.4	5:59	7:39	
29	Wed	**3:46**	1.5					**4:09**	0.2	5:59	7:38	
30	Thu	**4:36**	1.6					**4:57**	0.1	6:00	7:37	
31	Fri	**5:48**	1.7					**5:41**	0.0	6:01	7:37	