US HARBORS www.USHarbors.com

Panama City, FL - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			7:43	1.7	4:59	0.3			5:57	4:55	
2	Mon			8:14	1.8	6:01	0.1			5:57	4:54	
3	Tue			8:55	1.9	7:08	0.0			5:58	4:53	
4	Wed			9:44	2.0	8:17	-0.1			5:59	4:53	
5	Thu			10:38	2.0	9:21	-0.2			6:00	4:52	
6	Fri			11:33	2.0	10:19	-0.3			6:00	4:51	
7	Sat					11:13	-0.2			6:01	4:50	
8	Sun	12:26	1.8					12:00	-0.1	6:02	4:50	
9	Mon	1:15	1.6					12:35	0.1	6:03	4:49	
10	Tue	2:02	1.3					12:41	0.3	6:04	4:49	
11	Wed	5:23	1.0	7:24	1.0			12:21	0.6	6:05	4:48	
12	Thu	7:44	0.8	7:15	1.2	3:43	0.6	10:53 AM	0.7	6:05	4:47	
13	Fri			7:16	1.4	4:27	0.3			6:06	4:47	
14	Sat			7:20	1.6	5:15	0.1			6:07	4:46	
15	Sun			7:37	1.7	6:05	-0.1			6:08	4:46	
16	Mon			8:07	1.8	6:57	-0.2			6:09	4:45	
17	Tue			8:45	1.8	7:48	-0.2			6:09	4:45	
18	Wed			9:28	1.7	8:35	-0.3			6:10	4:45	
19	Thu			10:13	1.7	9:18	-0.2			6:11	4:44	
20	Fri			10:57	1.6	9:55	-0.2			6:12	4:44	
21	Sat			11:37	1.5	10:24	-0.1			6:13	4:43	
22	Sun					10:44	0.0			6:14	4:43	
23	Mon	12:14	1.3			10:57	0.1			6:14	4:43	
24	Tue	12:48	1.1			11:04	0.2			6:15	4:43	
25	Wed	1:15	0.9	6:54	0.8	10:58	0.3			6:16	4:42	
26	Thu			6:37	1.0	9:45	0.4			6:17	4:42	
27	Fri			6:30	1.1	4:38	0.4			6:18	4:42	
28	Sat			6:27	1.3	4:28	0.1			6:19	4:42	
29	Sun			6:44	1.5	4:55	-0.1			6:19	4:42	
30	Mon			7:18	1.6	5:41	-0.3			6:20	4:42	