US HARBORS www.USHarbors.com

# Panama City, FL - Mar 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 11:48 | 0.3 | | | 6:11 | 0.1 | 4:53 | 0.0 | 6:08 | 5:41 | |
| 2 | Tue | 12:30 | 0.6 | 11:44 AM | 0.6 | 5:25 | 0.3 | 6:52 | -0.1 | 6:07 | 5:42 | |
| 3 | Wed | 11:39 | 0.8 | | | | | 9:04 | -0.2 | 6:06 | 5:42 | |
| 4 | Thu | 11:55 | 1.0 | | | | | 11:19 | -0.3 | 6:05 | 5:43 | |
| 5 | Fri | | | 12:33 | 1.1 | | | | | 6:03 | 5:44 | |
| 6 | Sat | | | 1:20 | 1.1 | 12:51 | -0.4 | | | 6:02 | 5:45 | |
| 7 | Sun | | | 2:17 | 1.1 | 2:02 | -0.4 | | | 6:01 | 5:45 | |
| 8 | Mon | | | 3:37 | 1.1 | 2:58 | -0.4 | | | 6:00 | 5:46 | |
| 9 | Tue | | | 5:21 | 1.1 | 3:44 | -0.4 | | | 5:59 | 5:47 | |
| 10 | Wed | | | 6:33 | 1.0 | 4:22 | -0.3 | | | 5:58 | 5:47 | |
| 11 | Thu | | | 7:29 | 1.0 | 4:52 | -0.3 | | | 5:56 | 5:48 | |
| 12 | Fri | | | 8:22 | 0.9 | 5:11 | -0.1 | | | 5:55 | 5:48 | |
| 13 | Sat | | | 9:18 | 0.8 | 4:58 | 0.0 | | | 5:54 | 5:49 | |
| 14 | Sun | 11:45 | 0.4 | 11:21 | 0.6 | 5:40 | 0.2 | 4:18 | 0.3 | 6:53 | 6:50 | |
| 15 | Mon | 11:47 | 0.5 | | | 5:33 | 0.3 | 5:33 | 0.2 | 6:52 | 6:50 | |
| 16 | Tue | 12:30 | 0.5 | 11:43 AM | 0.7 | 5:04 | 0.4 | 6:43 | 0.1 | 6:50 | 6:51 | |
| 17 | Wed | 1:44 | 0.4 | 11:28 AM | 0.8 | 4:12 | 0.4 | 7:57 | 0.0 | 6:49 | 6:52 | |
| 18 | Thu | 11:42 | 1.0 | | | | | 9:18 | -0.1 | 6:48 | 6:52 | |
| 19 | Fri | | | 12:15 | 1.1 | | | 10:47 | -0.2 | 6:47 | 6:53 | |
| 20 | Sat | | | 12:57 | 1.2 | | | | | 6:46 | 6:54 | |
| 21 | Sun | | | 1:45 | 1.3 | 12:26 | -0.3 | | | 6:44 | 6:54 | |
| 22 | Mon | | | 2:40 | 1.4 | 1:57 | -0.4 | | | 6:43 | 6:55 | |
| 23 | Tue | | | 3:46 | 1.4 | 3:02 | -0.4 | | | 6:42 | 6:55 | |
| 24 | Wed | | | 5:17 | 1.3 | 3:54 | -0.5 | | | 6:41 | 6:56 | |
| 25 | Thu | | | 7:07 | 1.2 | 4:38 | -0.4 | | | 6:40 | 6:57 | |
| 26 | Fri | | | 8:38 | 1.1 | 5:14 | -0.2 | | | 6:38 | 6:57 | |
| 27 | Sat | | | 10:04 | 0.9 | 5:35 | 0.0 | | | 6:37 | 6:58 | |
| 28 | Sun | 10:57 | 0.5 | 11:38 | 0.8 | 5:21 | 0.3 | 4:14 | 0.2 | 6:36 | 6:58 | |
| 29 | Mon | 10:48 | 0.7 | | | 4:52 | 0.5 | 5:50 | 0.1 | 6:35 | 6:59 | |
| 30 | Tue | 10:32 | 1.0 | | | | | 7:22 | -0.1 | 6:34 | 7:00 | |
| 31 | Wed | 10:37 | 1.2 | | | | | 9:04 | -0.2 | 6:32 | 7:00 | |