

















Panama City, FL - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:49	1.8					8:01	-0.3	5:44	7:48	
2	Tue	9:38	1.8					8:49	-0.3	5:45	7:48	
3	Wed	10:31	1.9					9:34	-0.4	5:45	7:48	
4	Thu	11:27	1.9					10:16	-0.3	5:46	7:48	
5	Fri			12:19	1.8			10:50	-0.2	5:46	7:48	
6	Sat			1:06	1.6			11:12	0.1	5:46	7:47	
7	Sun			1:42	1.4			11:16	0.3	5:47	7:47	
8	Mon			1:55	1.1			11:03	0.5	5:47	7:47	
9	Tue	6:36	0.9					9:48	0.6	5:48	7:47	
10	Wed	6:35	1.1					4:54	0.5	5:48	7:47	
11	Thu	6:53	1.3					5:29	0.2	5:49	7:47	
12	Fri	7:19	1.5					6:10	0.0	5:49	7:46	
13	Sat	7:52	1.6					6:52	-0.1	5:50	7:46	
14	Sun	8:29	1.7					7:36	-0.1	5:50	7:46	
15	Mon	9:09	1.7					8:17	-0.1	5:51	7:45	
16	Tue	9:51	1.7					8:55	-0.1	5:52	7:45	
17	Wed	10:31	1.7					9:27	0.0	5:52	7:45	
18	Thu	11:09	1.7					9:48	0.1	5:53	7:44	
19	Fri	11:44	1.6					9:54	0.2	5:53	7:44	
20	Sat			12:15	1.5			9:58	0.3	5:54	7:43	
21	Sun			12:45	1.4			10:04	0.4	5:54	7:43	
22	Mon			1:12	1.2			10:01	0.5	5:55	7:42	
23	Tue	5:30	0.9	1:35	1.0	7:47	0.9	9:09	0.6	5:56	7:42	
24	Wed	5:27	1.0					8:28	0.7	5:56	7:41	
25	Thu	5:23	1.2					5:05	0.5	5:57	7:41	
26	Fri	5:28	1.3					5:13	0.4	5:57	7:40	
27	Sat	6:06	1.5					5:39	0.2	5:58	7:40	
28	Sun	6:56	1.7					6:16	0.0	5:59	7:39	
29	Mon	7:51	1.8					7:00	-0.1	5:59	7:38	
30	Tue	8:49	1.9					7:47	-0.2	6:00	7:38	
31	Wed	9:49	2.0					8:34	-0.2	6:00	7:37	