

Panama City, FL - Jan 2029

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|------|------|------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | | | 9:56 | 1.3 | 8:06 | -0.8 | | | 6:38 | 4:53 |  |
| 2 | Tue | | | 10:42 | 1.2 | 8:34 | -0.7 | | | 6:39 | 4:54 |  |
| 3 | Wed | | | 11:24 | 1.0 | 8:52 | -0.5 | | | 6:39 | 4:55 |  |
| 4 | Thu | | | 11:57 | 0.7 | 8:58 | -0.3 | | | 6:39 | 4:56 |  |
| 5 | Fri | | | 4:05 | 0.3 | 8:50 | -0.1 | 7:12 | 0.3 | 6:39 | 4:56 |  |
| 6 | Sat | 12:00 | 0.4 | 3:59 | 0.5 | 7:52 | 0.0 | | | 6:39 | 4:57 |  |
| 7 | Sun | | | 4:09 | 0.8 | 2:53 | 0.0 | | | 6:39 | 4:58 |  |
| 8 | Mon | | | 4:36 | 1.0 | 3:17 | -0.3 | | | 6:39 | 4:59 |  |
| 9 | Tue | | | 5:20 | 1.1 | 3:57 | -0.6 | | | 6:39 | 5:00 |  |
| 10 | Wed | | | 6:13 | 1.2 | 4:41 | -0.8 | | | 6:39 | 5:00 |  |
| 11 | Thu | | | 7:07 | 1.3 | 5:27 | -0.9 | | | 6:39 | 5:01 |  |
| 12 | Fri | | | 7:58 | 1.3 | 6:13 | -0.9 | | | 6:39 | 5:02 |  |
| 13 | Sat | | | 8:47 | 1.2 | 6:58 | -0.8 | | | 6:39 | 5:03 |  |
| 14 | Sun | | | 9:31 | 1.1 | 7:38 | -0.8 | | | 6:39 | 5:04 |  |
| 15 | Mon | | | 10:09 | 1.0 | 8:09 | -0.6 | | | 6:39 | 5:05 |  |
| 16 | Tue | | | 10:40 | 0.8 | 8:24 | -0.5 | | | 6:39 | 5:05 |  |
| 17 | Wed | | | 11:02 | 0.6 | 8:07 | -0.3 | | | 6:38 | 5:06 |  |
| 18 | Thu | | | 11:18 | 0.5 | 7:53 | -0.2 | | | 6:38 | 5:07 |  |
| 19 | Fri | | | 2:50 | 0.3 | 7:34 | -0.1 | 8:14 | 0.2 | 6:38 | 5:08 |  |
| 20 | Sat | | | 2:49 | 0.5 | 6:28 | 0.0 | | | 6:38 | 5:09 |  |
| 21 | Sun | | | 2:44 | 0.6 | 5:49 | -0.1 | | | 6:37 | 5:10 |  |
| 22 | Mon | | | 3:00 | 0.7 | 3:18 | -0.2 | | | 6:37 | 5:11 |  |
| 23 | Tue | | | 3:44 | 0.9 | 3:34 | -0.4 | | | 6:37 | 5:12 |  |
| 24 | Wed | | | 4:45 | 1.0 | 4:03 | -0.5 | | | 6:36 | 5:12 |  |
| 25 | Thu | | | 5:48 | 1.1 | 4:36 | -0.7 | | | 6:36 | 5:13 |  |
| 26 | Fri | | | 6:45 | 1.2 | 5:12 | -0.8 | | | 6:35 | 5:14 |  |
| 27 | Sat | | | 7:38 | 1.2 | 5:50 | -0.8 | | | 6:35 | 5:15 |  |
| 28 | Sun | | | 8:30 | 1.2 | 6:27 | -0.8 | | | 6:34 | 5:16 |  |
| 29 | Mon | | | 9:25 | 1.2 | 7:01 | -0.8 | | | 6:34 | 5:17 |  |
| 30 | Tue | | | 10:24 | 1.0 | 7:30 | -0.7 | | | 6:33 | 5:18 |  |
| 31 | Wed | | | 11:28 | 0.8 | 7:44 | -0.5 | | | 6:33 | 5:19 |  |