US HARBORS www.USHarbors.com

Panama City, FL - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			7:12	1.4	5:33	-0.8			6:38	4:53	
2	Wed			8:05	1.4	6:23	-0.9			6:39	4:54	
3	Thu			9:00	1.4	7:12	-0.9			6:39	4:55	
4	Fri			9:54	1.3	7:58	-0.8			6:39	4:56	
5	Sat			10:42	1.1	8:37	-0.7			6:39	4:56	
6	Sun			11:19	0.9	9:03	-0.5			6:39	4:57	
7	Mon			11:31	0.6	8:58	-0.3			6:39	4:58	
8	Tue			11:24	0.4	8:33	-0.1			6:39	4:59	
9	Wed			3:40	0.4	8:00	0.0			6:39	4:59	
10	Thu			3:53	0.6	6:35	0.0			6:39	5:00	
11	Fri			4:11	0.7	4:13	-0.1			6:39	5:01	
12	Sat			4:38	0.8	3:49	-0.3			6:39	5:02	
13	Sun			5:16	0.9	4:14	-0.4			6:39	5:03	
14	Mon			6:01	1.0	4:44	-0.5			6:39	5:04	
15	Tue			6:46	1.1	5:18	-0.6			6:39	5:04	
16	Wed			7:29	1.1	5:52	-0.7			6:39	5:05	
17	Thu			8:11	1.1	6:26	-0.7			6:39	5:06	
18	Fri			8:52	1.1	6:57	-0.7			6:38	5:07	
19	Sat			9:33	1.0	7:21	-0.7			6:38	5:08	
20	Sun			10:15	0.9	7:35	-0.6			6:38	5:09	
21	Mon			10:57	0.8	7:44	-0.4			6:37	5:10	
22	Tue			11:37	0.6	7:50	-0.3			6:37	5:10	
23	Wed			2:40	0.3	7:43	-0.1	6:12	0.2	6:37	5:11	
24	Thu	12:03	0.3	2:40	0.4	6:53	0.0			6:36	5:12	
25	Fri			2:43	0.6	6:03	0.0			6:36	5:13	
26	Sat			3:07	0.8	2:24	-0.3			6:36	5:14	
27	Sun			4:01	1.0	3:06	-0.5			6:35	5:15	
28	Mon			5:12	1.1	3:50	-0.7			6:35	5:16	
29	Tue			6:21	1.2	4:36	-0.8			6:34	5:17	
30	Wed			7:24	1.2	5:23	-0.9			6:33	5:17	
31	Thu			8:22	1.2	6:08	-0.9			6:33	5:18	