US HARBORS www.USHarbors.com

Panama City, FL - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			8:30	1.0	5:35	-0.4			6:08	5:41	
2	Sat			9:30	0.8	6:06	-0.2			6:07	5:42	
3	Sun	11:35	0.2	10:30	0.7	6:05	0.0	2:35	0.2	6:05	5:43	
4	Mon	11:29	0.4	11:32	0.5	5:22	0.1	4:19	0.2	6:04	5:43	
5	Tue	11:37	0.5			5:02	0.2	5:38	0.1	6:03	5:44	
6	Wed	12:35	0.4	11:41 AM	0.6	4:15	0.3	6:57	0.0	6:02	5:45	
7	Thu	11:30	0.8					8:20	0.0	6:01	5:45	
8	Fri	11:43	0.9					9:53	-0.1	6:00	5:46	
9	Sat			12:16	1.0					5:59	5:47	
10	Sun			1:58	1.0	12:26	-0.1			6:57	6:47	
11	Mon			2:48	1.1	2:43	-0.2			6:56	6:48	
12	Tue			3:49	1.1	3:36	-0.3			6:55	6:49	
13	Wed			5:10	1.1	4:17	-0.3			6:54	6:49	
14	Thu			6:46	1.1	4:51	-0.3			6:53	6:50	
15	Fri			8:01	1.0	5:17	-0.2			6:51	6:50	
16	Sat			9:11	1.0	5:32	-0.1			6:50	6:51	
17	Sun			10:25	0.8	5:37	0.0			6:49	6:52	
18	Mon	11:35	0.4	11:45	0.7	5:40	0.2	4:17	0.2	6:48	6:52	
19	Tue	11:32	0.6			5:34	0.3	5:51	0.1	6:47	6:53	
20	Wed	1:10	0.6	11:20 AM	0.8	4:49	0.5	7:21	0.0	6:45	6:54	
21	Thu	11:23	1.0					9:00	-0.2	6:44	6:54	
22	Fri	11:58	1.2					10:45	-0.3	6:43	6:55	
23	Sat			12:44	1.3					6:42	6:55	
24	Sun			1:37	1.4	12:21	-0.4			6:41	6:56	
25	Mon			2:34	1.4	1:44	-0.4			6:39	6:57	
26	Tue			3:45	1.3	2:53	-0.4			6:38	6:57	
27	Wed			5:36	1.2	3:49	-0.3			6:37	6:58	
28	Thu			7:14	1.1	4:34	-0.2			6:36	6:59	
29	Fri			8:30	0.9	5:09	0.0			6:35	6:59	
30	Sat	10:50	0.5	9:41	0.8	5:21	0.2	2:15	0.4	6:33	7:00	
31	Sun	10:30	0.6	10:57	0.7	4:32	0.4	4:02	0.3	6:32	7:00	