









Panama City, FL - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:38	1.2			10:01	0.4	5:45	7:48	
2	Sat			12:55	1.1			10:01	0.5	5:45	7:48	
3	Sun	5:50	0.9	1:06	0.9	10:27	0.9	9:29	0.5	5:45	7:48	
4	Mon	5:53	1.0					8:43	0.5	5:46	7:48	
5	Tue	6:08	1.1					5:27	0.5	5:46	7:48	
6	Wed	6:29	1.3					5:40	0.3	5:47	7:47	
7	Thu	6:55	1.4					6:05	0.2	5:47	7:47	
8	Fri	7:29	1.5					6:35	0.1	5:48	7:47	
9	Sat	8:07	1.6					7:09	0.0	5:48	7:47	
10	Sun	8:49	1.7					7:45	-0.1	5:49	7:47	
11	Mon	9:34	1.7					8:21	-0.1	5:49	7:46	
12	Tue	10:22	1.7					8:53	-0.1	5:50	7:46	
13	Wed	11:11	1.7					9:21	0.0	5:50	7:46	
14	Thu			12:00	1.6			9:39	0.1	5:51	7:46	
15	Fri			12:45	1.4			9:49	0.3	5:51	7:45	
16	Sat			1:22	1.2			9:48	0.5	5:52	7:45	
17	Sun	4:47	0.9	1:31	1.0	8:18	0.8	9:06	0.6	5:52	7:44	
18	Mon	5:02	1.1					7:58	0.6	5:53	7:44	
19	Tue	5:28	1.3					4:21	0.4	5:54	7:44	
20	Wed	6:05	1.4					4:59	0.2	5:54	7:43	
21	Thu	6:51	1.6					5:42	0.1	5:55	7:43	
22	Fri	7:41	1.7					6:25	0.0	5:55	7:42	
23	Sat	8:31	1.7					7:09	0.0	5:56	7:42	
24	Sun	9:21	1.7					7:51	0.0	5:57	7:41	
25	Mon	10:10	1.7					8:29	0.1	5:57	7:40	
26	Tue	10:56	1.6					8:59	0.2	5:58	7:40	
27	Wed	11:39	1.5					9:04	0.3	5:58	7:39	
28	Thu			12:17	1.4			8:42	0.5	5:59	7:38	
29	Fri			12:49	1.3			8:41	0.6	6:00	7:38	
30	Sat	3:24	0.9	1:05	1.1	5:34	0.8	8:40	0.6	6:00	7:37	
31	Sun	3:29	1.0	1:02	1.0	7:33	0.9	8:05	0.7	6:01	7:36	