


































Panama City, FL - Jul 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 6:04 | 1.3 | | | | | 5:01 | 0.2 | 5:44 | 7:48 |  |
| 2 | Thu | 6:08 | 1.5 | | | | | 5:35 | -0.1 | 5:45 | 7:48 |  |
| 3 | Fri | 6:45 | 1.8 | | | | | 6:24 | -0.3 | 5:45 | 7:48 |  |
| 4 | Sat | 7:39 | 1.9 | | | | | 7:18 | -0.5 | 5:46 | 7:48 |  |
| 5 | Sun | 8:41 | 2.0 | | | | | 8:14 | -0.5 | 5:46 | 7:48 |  |
| 6 | Mon | 9:48 | 2.1 | | | | | 9:06 | -0.5 | 5:47 | 7:47 |  |
| 7 | Tue | 10:54 | 2.0 | | | | | 9:53 | -0.4 | 5:47 | 7:47 |  |
| 8 | Wed | 11:52 | 1.9 | | | | | 10:32 | -0.2 | 5:48 | 7:47 |  |
| 9 | Thu | | | 12:41 | 1.7 | | | 10:57 | 0.0 | 5:48 | 7:47 |  |
| 10 | Fri | | | 1:19 | 1.5 | | | 10:47 | 0.3 | 5:49 | 7:47 |  |
| 11 | Sat | | | 1:39 | 1.2 | | | 10:13 | 0.5 | 5:49 | 7:47 |  |
| 12 | Sun | | | 1:20 | 0.9 | | | 9:22 | 0.6 | 5:50 | 7:46 |  |
| 13 | Mon | 4:58 | 1.0 | | | | | 7:38 | 0.6 | 5:50 | 7:46 |  |
| 14 | Tue | 4:51 | 1.2 | | | | | 4:37 | 0.4 | 5:51 | 7:46 |  |
| 15 | Wed | 4:52 | 1.4 | | | | | 5:02 | 0.2 | 5:51 | 7:45 |  |
| 16 | Thu | 5:23 | 1.5 | | | | | 5:34 | 0.1 | 5:52 | 7:45 |  |
| 17 | Fri | 6:12 | 1.6 | | | | | 6:11 | 0.0 | 5:52 | 7:45 |  |
| 18 | Sat | 7:08 | 1.7 | | | | | 6:51 | -0.1 | 5:53 | 7:44 |  |
| 19 | Sun | 8:04 | 1.8 | | | | | 7:33 | -0.1 | 5:53 | 7:44 |  |
| 20 | Mon | 8:58 | 1.8 | | | | | 8:11 | -0.2 | 5:54 | 7:43 |  |
| 21 | Tue | 9:47 | 1.9 | | | | | 8:45 | -0.2 | 5:55 | 7:43 |  |
| 22 | Wed | 10:33 | 1.9 | | | | | 9:12 | -0.1 | 5:55 | 7:42 |  |
| 23 | Thu | 11:15 | 1.8 | | | | | 9:30 | 0.0 | 5:56 | 7:42 |  |
| 24 | Fri | 11:56 | 1.7 | | | | | 9:39 | 0.2 | 5:56 | 7:41 |  |
| 25 | Sat | | | 12:37 | 1.5 | | | 9:39 | 0.4 | 5:57 | 7:41 |  |
| 26 | Sun | | | 1:17 | 1.2 | | | 9:18 | 0.6 | 5:57 | 7:40 |  |
| 27 | Mon | 4:11 | 1.0 | 1:53 | 0.9 | 9:03 | 0.8 | 8:01 | 0.7 | 5:58 | 7:39 |  |
| 28 | Tue | 3:49 | 1.2 | | | | | 3:18 | 0.6 | 5:59 | 7:39 |  |
| 29 | Wed | 3:40 | 1.4 | | | | | 3:51 | 0.3 | 5:59 | 7:38 |  |
| 30 | Thu | 4:16 | 1.7 | | | | | 4:37 | 0.0 | 6:00 | 7:37 |  |
| 31 | Fri | 5:19 | 1.8 | | | | | 5:27 | -0.2 | 6:01 | 7:37 |  |