US HARBORS www.USHarbors.com

Panama City, FL - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			7:30	1.6	6:00	-1.0			6:38	4:54	
2	Mon			8:30	1.6	6:54	-1.1			6:39	4:54	
3	Tue			9:30	1.6	7:48	-1.1			6:39	4:55	
4	Wed			10:30	1.5	8:36	-1.0			6:39	4:56	
5	Thu			11:30	1.2	9:18	-0.9			6:39	4:57	
6	Fri					9:42	-0.6			6:39	4:57	
7	Sat	12:18	0.9			9:30	-0.3			6:39	4:58	
8	Sun	12:54	0.5	3:54	0.4	8:54	0.0			6:39	4:59	
9	Mon			3:54	0.6	7:06	0.1			6:39	5:00	
10	Tue			4:06	0.8	2:54	-0.2			6:39	5:00	
11	Wed			4:36	1.0	3:30	-0.4			6:39	5:01	
12	Thu			5:18	1.1	4:12	-0.6			6:39	5:02	
13	Fri			6:06	1.1	4:54	-0.7			6:39	5:03	
14	Sat			6:54	1.2	5:36	-0.8			6:39	5:04	
15	Sun			7:42	1.2	6:18	-0.8			6:39	5:05	
16	Mon			8:24	1.2	6:54	-0.8			6:39	5:06	
17	Tue			9:06	1.1	7:30	-0.7			6:38	5:06	
18	Wed			9:36	1.1	7:54	-0.7			6:38	5:07	
19	Thu			10:12	0.9	8:06	-0.6			6:38	5:08	
20	Fri			10:42	0.8	8:06	-0.5			6:38	5:09	
21	Sat			11:12	0.6	8:06	-0.3			6:37	5:10	
22	Sun			3:06	0.2	7:54	-0.2	5:30	0.2	6:37	5:11	
23	Mon			2:48	0.4	7:06	-0.1	9:36	0.1	6:37	5:12	
24	Tue	12:00	0.2	2:24	0.6	6:18	0.0			6:36	5:13	
25	Wed			2:30	0.7	3:00	-0.1			6:36	5:13	
26	Thu			3:12	0.9	3:00	-0.4			6:35	5:14	
27	Fri			4:12	1.1	3:36	-0.6			6:35	5:15	
28	Sat			5:24	1.3	4:18	-0.8			6:34	5:16	
29	Sun			6:36	1.4	5:00	-1.0			6:34	5:17	
30	Mon			7:42	1.4	5:54	-1.1			6:33	5:18	
31	Tue			8:48	1.4	6:42	-1.1			6:33	5:19	