US HARBORS www.USHarbors.com

Panama City, FL - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			9:04	1.2	6:07	-0.6			6:07	5:41	
2	Thu			10:18	1.0	6:42	-0.4			6:06	5:42	
3	Fri			12:04	0.2	6:48	-0.1	3:12	0.1	6:05	5:43	
4	Sat	11:45	0.4			5:59	0.2	5:30	0.0	6:04	5:43	
5	Sun	12:58	0.5	11:32 AM	0.7	4:48	0.4	7:27	-0.1	6:03	5:44	
6	Mon	11:23	0.9					9:39	-0.2	6:02	5:45	
7	Tue	11:49	1.1					11:39	-0.3	6:00	5:45	
8	Wed			12:29	1.2					5:59	5:46	
9	Thu			1:16	1.2	1:05	-0.4			5:58	5:47	
10	Fri			2:14	1.2	2:12	-0.4			5:57	5:47	
11	Sat			3:30	1.1	3:06	-0.4			5:56	5:48	
12	Sun			6:15	1.1	4:50	-0.4			6:55	6:49	
13	Mon			7:31	1.1	5:26	-0.4			6:53	6:49	
14	Tue			8:28	1.0	5:55	-0.3			6:52	6:50	
15	Wed			9:22	0.9	6:11	-0.1			6:51	6:51	
16	Thu			10:21	0.8	6:01	0.0			6:50	6:51	
17	Fri	11:54	0.4	11:29	0.7	5:48	0.2	4:24	0.3	6:49	6:52	
18	Sat	11:48	0.6			5:36	0.3	5:45	0.2	6:47	6:53	
19	Sun	12:46	0.5	11:31 AM	0.7	4:49	0.4	7:01	0.1	6:46	6:53	
20	Mon	11:18	0.9					8:21	0.0	6:45	6:54	
21	Tue	11:41	1.1					9:47	-0.2	6:44	6:54	
22	Wed			12:18	1.2			11:22	-0.3	6:43	6:55	
23	Thu			1:04	1.4					6:41	6:56	
24	Fri			1:57	1.4	1:01	-0.4			6:40	6:56	
25	Sat			2:59	1.5	2:22	-0.5			6:39	6:57	
26	Sun			4:16	1.5	3:24	-0.5			6:38	6:58	
27	Mon			6:00	1.4	4:15	-0.5			6:36	6:58	
28	Tue			7:40	1.3	4:58	-0.4			6:35	6:59	
29	Wed			9:05	1.1	5:32	-0.2			6:34	6:59	
30	Thu	11:37	0.4	10:32	0.9	5:44	0.1	2:23	0.4	6:33	7:00	
31	Fri	10:56	0.6			5:14	0.4	4:49	0.2	6:32	7:01	