

Panama City, FL - Mar 2055

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | | | 1:08 | 0.4 | 6:27 | 0.1 | 6:15 | 0.2 | 6:08 | 5:41 | ☀ |
| 2 | Tue | 12:51 | 0.4 | 12:56 | 0.5 | 5:41 | 0.2 | 8:09 | 0.1 | 6:07 | 5:42 | 🌙 |
| 3 | Wed | 2:10 | 0.3 | 12:43 | 0.7 | 5:19 | 0.2 | 9:52 | 0.1 | 6:05 | 5:42 | 🌙 |
| 4 | Thu | | | 1:07 | 0.8 | | | | | 6:04 | 5:43 | 🌙 |
| 5 | Fri | | | 1:46 | 0.9 | 12:09 | 0.0 | | | 6:03 | 5:44 | 🌙 |
| 6 | Sat | | | 2:38 | 1.0 | 2:16 | -0.2 | | | 6:02 | 5:45 | 🌙 |
| 7 | Sun | | | 3:46 | 1.1 | 3:00 | -0.3 | | | 6:01 | 5:45 | 🌙 |
| 8 | Mon | | | 5:13 | 1.1 | 3:42 | -0.4 | | | 6:00 | 5:46 | 🌙 |
| 9 | Tue | | | 6:40 | 1.2 | 4:23 | -0.5 | | | 5:59 | 5:47 | 🌙 |
| 10 | Wed | | | 7:55 | 1.2 | 5:05 | -0.5 | | | 5:57 | 5:47 | ☀ |
| 11 | Thu | | | 9:09 | 1.1 | 5:45 | -0.4 | | | 5:56 | 5:48 | ☀ |
| 12 | Fri | | | 10:24 | 1.0 | 6:19 | -0.2 | | | 5:55 | 5:48 | ☀ |
| 13 | Sat | | | 12:18 | 0.3 | 6:33 | 0.0 | 3:04 | 0.2 | 5:54 | 5:49 | ☀ |
| 14 | Sun | | | 1:13 | 0.4 | 7:25 | 0.2 | 6:18 | 0.2 | 6:53 | 6:50 | ☀ |
| 15 | Mon | 1:54 | 0.6 | 1:14 | 0.6 | 6:55 | 0.4 | 8:15 | 0.1 | 6:52 | 6:50 | ☀ |
| 16 | Tue | | | 1:05 | 0.8 | | | 10:16 | 0.0 | 6:50 | 6:51 | ☀ |
| 17 | Wed | | | 1:14 | 1.0 | | | | | 6:49 | 6:52 | ☀ |
| 18 | Thu | | | 1:49 | 1.1 | 12:33 | -0.1 | | | 6:48 | 6:52 | ☀ |
| 19 | Fri | | | 2:35 | 1.1 | 2:08 | -0.2 | | | 6:47 | 6:53 | ☀ |
| 20 | Sat | | | 3:31 | 1.1 | 3:15 | -0.3 | | | 6:46 | 6:54 | 🌙 |
| 21 | Sun | | | 4:56 | 1.1 | 4:09 | -0.3 | | | 6:44 | 6:54 | 🌙 |
| 22 | Mon | | | 6:57 | 1.0 | 4:52 | -0.2 | | | 6:43 | 6:55 | 🌙 |
| 23 | Tue | | | 8:06 | 1.0 | 5:28 | -0.1 | | | 6:42 | 6:55 | 🌙 |
| 24 | Wed | | | 9:03 | 0.9 | 5:54 | 0.0 | | | 6:41 | 6:56 | 🌙 |
| 25 | Thu | | | 9:58 | 0.9 | 5:54 | 0.1 | | | 6:39 | 6:57 | 🌙 |
| 26 | Fri | 11:56 | 0.5 | 10:57 | 0.8 | 5:39 | 0.2 | 3:50 | 0.4 | 6:38 | 6:57 | 🌙 |
| 27 | Sat | | | 12:01 | 0.6 | 5:40 | 0.3 | 5:04 | 0.3 | 6:37 | 6:58 | 🌙 |
| 28 | Sun | | | 12:10 | 0.7 | 5:40 | 0.4 | 6:08 | 0.3 | 6:36 | 6:59 | ☀ |
| 29 | Mon | 1:02 | 0.6 | 12:08 | 0.8 | 5:11 | 0.5 | 7:14 | 0.2 | 6:35 | 6:59 | ☀ |
| 30 | Tue | 2:10 | 0.5 | 11:49 AM | 0.9 | 4:37 | 0.5 | 8:23 | 0.1 | 6:33 | 7:00 | ☀ |
| 31 | Wed | | | 12:04 | 1.0 | | | 9:36 | 0.1 | 6:32 | 7:00 | ☀ |