US HARBORS www.USHarbors.com

Rockland Key, Rockland Channel Bridge, FL - Jul 1780

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:32**	0.7	**1:19**	1.5	**7:30**	0.4	**9:25**	-0.5	5:45	7:23	
2	Sun	**3:20**	0.7	**2:10**	1.6	**8:18**	0.4	**10:11**	-0.5	5:45	7:23	
3	Mon	**4:05**	0.7	**3:03**	1.6	**9:07**	0.3	**10:59**	-0.5	5:45	7:23	
4	Tue	**4:49**	0.8	**3:57**	1.6	**10:00**	0.3	**11:46**	-0.4	5:46	7:23	
5	Wed	**5:32**	0.8	**4:52**	1.5	**10:58**	0.3			5:46	7:23	
6	Thu	**6:15**	0.9	**5:49**	1.4	**12:34**	-0.2	**12:03**	0.3	5:46	7:23	
7	Fri	**7:00**	1.0	**6:51**	1.3	**1:22**	-0.1	**1:16**	0.3	5:47	7:23	
8	Sat	**7:47**	1.1	**8:01**	1.1	**2:09**	0.1	**2:36**	0.3	5:47	7:22	
9	Sun	**8:37**	1.2	**9:24**	0.9	**2:56**	0.2	**3:54**	0.2	5:48	7:22	
10	Mon	**9:29**	1.3	**10:51**	0.8	**3:43**	0.4	**5:08**	0.1	5:48	7:22	
11	Tue	**10:22**	1.4			**4:30**	0.4	**6:17**	0.0	5:49	7:22	
12	Wed	**12:10**	0.7	**11:15 AM**	1.4	**5:20**	0.5	**7:17**	-0.1	5:49	7:22	
13	Thu	**1:14**	0.7	**12:05**	1.4	**6:10**	0.5	**8:09**	-0.2	5:49	7:22	
14	Fri	**2:06**	0.7	**12:52**	1.4	**7:00**	0.5	**8:54**	-0.2	5:50	7:21	
15	Sat	**2:49**	0.7	**1:37**	1.5	**7:48**	0.4	**9:34**	-0.2	5:50	7:21	
16	Sun	**3:26**	0.7	**2:19**	1.5	**8:34**	0.4	**10:11**	-0.2	5:51	7:21	
17	Mon	**3:58**	0.8	**2:59**	1.4	**9:17**	0.4	**10:48**	-0.1	5:51	7:21	
18	Tue	**4:29**	0.8	**3:38**	1.4	**9:59**	0.4	**11:23**	-0.1	5:52	7:20	
19	Wed	**4:59**	0.9	**4:17**	1.4	**10:42**	0.5	**11:58**	0.0	5:52	7:20	
20	Thu	**5:29**	0.9	**4:56**	1.3	**11:27**	0.5			5:53	7:20	
21	Fri	**6:00**	1.0	**5:37**	1.2	**12:32**	0.1	**12:16**	0.5	5:53	7:19	
22	Sat	**6:33**	1.0	**6:21**	1.1	**1:05**	0.2	**1:12**	0.5	5:54	7:19	
23	Sun	**7:08**	1.1	**7:13**	1.0	**1:38**	0.3	**2:15**	0.5	5:54	7:18	
24	Mon	**7:46**	1.1	**8:19**	0.8	**2:10**	0.4	**3:22**	0.4	5:55	7:18	
25	Tue	**8:29**	1.2	**9:44**	0.7	**2:45**	0.5	**4:29**	0.3	5:55	7:17	
26	Wed	**9:19**	1.3	**11:15**	0.7	**3:26**	0.5	**5:35**	0.1	5:55	7:17	
27	Thu	**10:15**	1.3			**4:16**	0.6	**6:36**	0.0	5:56	7:16	
28	Fri	**12:30**	0.7	**11:14 AM**	1.4	**5:13**	0.6	**7:32**	-0.2	5:56	7:16	
29	Sat	**1:28**	0.7	**12:12**	1.6	**6:13**	0.5	**8:23**	-0.3	5:57	7:15	
30	Sun	**2:15**	0.8	**1:09**	1.7	**7:11**	0.5	**9:10**	-0.3	5:57	7:15	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	**2:57**	0.8	**2:05**	1.7	**8:08**	0.4	**9:55**	-0.3	5:58	7:14	●