US HARBORS www.USHarbors.com

Rockland Key, Rockland Channel Bridge, FL - Jul 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:05	1.4			5:19	0.3	6:51	-0.2	5:45	7:23	
2	Sat	12:38	0.8	11:55 AM	1.5	6:10	0.3	7:48	-0.4	5:45	7:23	
3	Sun	1:39	0.8	12:47	1.6	7:01	0.3	8:41	-0.5	5:45	7:23	
4	Mon	2:34	0.8	1:40	1.6	7:52	0.3	9:32	-0.5	5:46	7:23	
5	Tue	3:25	0.8	2:34	1.7	8:43	0.3	10:22	-0.5	5:46	7:23	
6	Wed	4:12	0.8	3:27	1.6	9:35	0.3	11:11	-0.4	5:47	7:23	
7	Thu	4:57	0.9	4:20	1.6	10:29	0.3			5:47	7:23	
8	Fri	5:41	0.9	5:13	1.5	12:00	-0.3	11:27 AM	0.3	5:47	7:22	
9	Sat	6:26	1.0	6:07	1.3	12:48	-0.1	12:32	0.3	5:48	7:22	
10	Sun	7:11	1.0	7:04	1.1	1:36	0.0	1:43	0.3	5:48	7:22	
11	Mon	8:00	1.1	8:10	1.0	2:24	0.2	2:58	0.3	5:49	7:22	
12	Tue	8:50	1.1	9:28	0.8	3:11	0.3	4:11	0.3	5:49	7:22	
13	Wed	9:40	1.2	10:52	0.8	3:58	0.4	5:19	0.2	5:50	7:22	
14	Thu	10:29	1.2			4:45	0.4	6:21	0.1	5:50	7:21	
15	Fri	12:05	0.7	11:15 AM	1.3	5:32	0.5	7:14	0.1	5:50	7:21	
16	Sat	1:03	0.7	11:59 AM	1.3	6:18	0.5	8:00	0.0	5:51	7:21	
17	Sun	1:48	0.7	12:40	1.3	7:02	0.5	8:40	-0.1	5:51	7:21	
18	Mon	2:26	0.7	1:21	1.4	7:44	0.5	9:17	-0.1	5:52	7:20	
19	Tue	3:00	0.8	2:01	1.4	8:22	0.5	9:52	-0.2	5:52	7:20	
20	Wed	3:33	0.8	2:41	1.4	9:00	0.5	10:26	-0.1	5:53	7:19	
21	Thu	4:06	0.9	3:20	1.4	9:37	0.5	11:00	-0.1	5:53	7:19	
22	Fri	4:40	0.9	4:01	1.4	10:17	0.5	11:34	-0.1	5:54	7:19	
23	Sat	5:15	1.0	4:42	1.4	11:01	0.5			5:54	7:18	
24	Sun	5:50	1.0	5:26	1.3	12:09	0.0	11:50 AM	0.4	5:55	7:18	
25	Mon	6:26	1.1	6:15	1.2	12:46	0.1	12:49	0.4	5:55	7:17	
26	Tue	7:05	1.1	7:13	1.1	1:25	0.2	1:56	0.4	5:56	7:17	
27	Wed	7:48	1.2	8:26	0.9	2:07	0.3	3:08	0.3	5:56	7:16	
28	Thu	8:39	1.3	9:55	0.8	2:54	0.4	4:22	0.2	5:56	7:16	
29	Fri	9:37	1.4	11:22	0.8	3:46	0.5	5:33	0.0	5:57	7:15	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Sat	**10:38**	1.5			**4:43**	0.5	**6:38**	-0.1	5:57	7:15	
31	Sun	**12:33**	0.8	**11:39 AM**	1.6	**5:43**	0.5	**7:38**	-0.2	5:58	7:14	