

Rockland Key, Rockland Channel Bridge, FL - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:55	1.1	3:15	1.0	9:49	-0.1	10:00	-0.1	6:48	6:29	
2	Tue	3:30	1.1	3:42	1.0	10:19	-0.1	10:37	-0.2	6:47	6:29	
3	Wed	4:05	1.0	4:10	1.0	10:48	0.0	11:15	-0.2	6:46	6:30	
4	Thu	4:40	0.9	4:39	1.1	11:16	0.0	11:54	-0.2	6:45	6:30	
5	Fri	5:16	0.8	5:10	1.0	11:43	0.1			6:45	6:31	
6	Sat	5:56	0.7	5:45	1.0	12:37	-0.1	12:10	0.2	6:44	6:31	
7	Sun	6:43	0.6	6:24	1.0	1:26	-0.1	12:39	0.2	6:43	6:32	
8	Mon	7:44	0.5	7:14	1.0	2:24	-0.1	1:18	0.3	6:42	6:32	
9	Tue	9:07	0.5	8:21	1.0	3:32	0.0	2:18	0.4	6:41	6:33	
10	Wed	10:35	0.5	9:42	1.0	4:43	0.0	3:43	0.4	6:40	6:33	
11	Thu	11:37	0.6	10:58	1.1	5:47	-0.1	5:06	0.3	6:39	6:34	
12	Fri			12:22	0.7	6:41	-0.1	6:15	0.2	6:38	6:34	
13	Sat	12:03	1.2	1:01	0.8	7:27	-0.2	7:14	0.1	6:37	6:34	
14	Sun	1:00	1.2	1:38	1.0	8:08	-0.2	8:07	-0.1	6:36	6:35	
15	Mon	1:53	1.3	2:16	1.1	8:47	-0.2	8:58	-0.3	6:35	6:35	
16	Tue	2:45	1.3	2:54	1.2	9:25	-0.1	9:47	-0.4	6:34	6:36	
17	Wed	3:35	1.2	3:33	1.3	10:03	-0.1	10:38	-0.5	6:33	6:36	
18	Thu	4:24	1.1	4:14	1.4	10:42	0.0	11:30	-0.5	6:32	6:37	
19	Fri	5:15	1.0	4:58	1.4	11:22	0.0			6:31	6:37	
20	Sat	6:08	0.8	5:46	1.3	12:26	-0.4	12:06	0.1	6:30	6:37	
21	Sun	7:09	0.7	6:40	1.2	1:27	-0.3	12:56	0.2	6:29	6:38	
22	Mon	8:24	0.6	7:47	1.1	2:35	-0.2	2:00	0.3	6:28	6:38	
23	Tue	9:52	0.6	9:08	1.1	3:47	-0.1	3:18	0.4	6:27	6:39	
24	Wed	11:08	0.7	10:32	1.0	4:59	0.0	4:41	0.4	6:26	6:39	
25	Thu			12:01	0.7	6:02	0.0	5:55	0.3	6:25	6:40	
26	Fri			12:41	0.8	6:53	0.1	6:56	0.2	6:24	6:40	
27	Sat	12:37	1.1	1:13	0.9	7:34	0.1	7:46	0.1	6:22	6:40	
28	Sun	1:23	1.1	1:41	1.0	8:10	0.1	8:29	0.0	6:21	6:41	
29	Mon	2:03	1.1	2:08	1.1	8:42	0.1	9:07	-0.1	6:20	6:41	
30	Tue	2:39	1.1	2:35	1.2	9:12	0.1	9:43	-0.1	6:19	6:42	
31	Wed	3:14	1.0	3:02	1.2	9:41	0.1	10:18	-0.2	6:18	6:42	