

Rockland Key, Rockland Channel Bridge, FL - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:24	1.3	7:54	1.1	1:42	0.2	2:28	0.2	6:55	8:10	
2	Mon	8:13	1.4	9:05	0.9	2:27	0.3	3:40	0.2	6:55	8:10	
3	Tue	9:10	1.4	10:32	0.8	3:17	0.4	4:55	0.1	6:55	8:09	
4	Wed	10:16	1.4			4:15	0.5	6:09	0.1	6:56	8:08	
5	Thu	12:01	0.8	11:25 AM	1.5	5:18	0.5	7:18	0.1	6:56	8:08	
6	Fri	1:11	0.8	12:30	1.5	6:24	0.5	8:17	0.0	6:57	8:07	
7	Sat	2:06	0.8	1:28	1.6	7:28	0.5	9:06	0.0	6:57	8:06	
8	Sun	2:50	0.9	2:20	1.6	8:26	0.4	9:49	0.0	6:58	8:06	
9	Mon	3:29	1.0	3:08	1.6	9:19	0.4	10:27	0.0	6:58	8:05	
10	Tue	4:04	1.1	3:51	1.6	10:07	0.3	11:02	0.1	6:59	8:04	
11	Wed	4:37	1.2	4:32	1.5	10:54	0.3	11:37	0.1	6:59	8:03	
12	Thu	5:08	1.2	5:10	1.4	11:39	0.3			6:59	8:03	
13	Fri	5:40	1.3	5:48	1.3	12:11	0.2	12:24	0.3	7:00	8:02	
14	Sat	6:11	1.3	6:26	1.2	12:45	0.3	1:11	0.4	7:00	8:01	
15	Sun	6:45	1.3	7:07	1.1	1:19	0.4	2:02	0.4	7:01	8:00	
16	Mon	7:22	1.3	7:54	1.0	1:52	0.5	3:00	0.4	7:01	7:59	
17	Tue	8:05	1.3	8:54	0.9	2:27	0.6	4:04	0.4	7:02	7:59	
18	Wed	8:56	1.3	10:17	0.8	3:07	0.6	5:12	0.4	7:02	7:58	
19	Thu	9:57	1.3	11:46	0.8	3:59	0.7	6:18	0.4	7:02	7:57	
20	Fri	11:03	1.4			5:03	0.7	7:17	0.3	7:03	7:56	
21	Sat	12:51	0.8	12:05	1.4	6:09	0.7	8:05	0.3	7:03	7:55	
22	Sun	1:38	0.9	1:01	1.5	7:10	0.7	8:47	0.2	7:04	7:54	
23	Mon	2:17	1.0	1:52	1.6	8:04	0.6	9:24	0.2	7:04	7:53	
24	Tue	2:53	1.1	2:41	1.7	8:54	0.5	10:00	0.2	7:04	7:52	
25	Wed	3:29	1.2	3:30	1.7	9:43	0.4	10:35	0.2	7:05	7:51	
26	Thu	4:06	1.4	4:18	1.6	10:32	0.3	11:11	0.2	7:05	7:51	
27	Fri	4:43	1.5	5:07	1.6	11:21	0.2	11:48	0.3	7:06	7:50	
28	Sat	5:22	1.5	5:57	1.4			12:14	0.1	7:06	7:49	
29	Sun	6:04	1.6	6:49	1.3	12:27	0.4	1:10	0.1	7:06	7:48	
30	Mon	6:50	1.6	7:48	1.1	1:08	0.5	2:13	0.2	7:07	7:47	
31	Tue	7:42	1.6	8:59	1.0	1:54	0.6	3:23	0.2	7:07	7:46	