

Rockland Key, Rockland Channel Bridge, FL - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:24	0.6	7:09	1.1	1:50	-0.2	1:27	0.2	6:49	6:29	
2	Thu	8:47	0.5	8:17	1.1	3:01	-0.2	2:26	0.2	6:48	6:29	
3	Fri	10:21	0.5	9:38	1.1	4:16	-0.2	3:41	0.3	6:47	6:30	
4	Sat	11:36	0.6	10:57	1.1	5:30	-0.2	4:59	0.2	6:46	6:30	
5	Sun			12:31	0.7	6:35	-0.3	6:12	0.2	6:45	6:30	
6	Mon	12:05	1.2	1:16	0.8	7:29	-0.3	7:15	0.0	6:44	6:31	
7	Tue	1:04	1.3	1:56	0.9	8:16	-0.3	8:10	-0.1	6:43	6:31	
8	Wed	1:57	1.3	2:33	1.0	8:57	-0.3	9:01	-0.2	6:42	6:32	
9	Thu	2:46	1.3	3:09	1.1	9:36	-0.2	9:49	-0.3	6:41	6:32	
10	Fri	3:31	1.2	3:43	1.1	10:13	-0.2	10:35	-0.3	6:40	6:33	
11	Sat	4:15	1.1	4:17	1.2	10:50	-0.1	11:22	-0.3	6:39	6:33	
12	Sun	4:57	1.0	4:52	1.2	11:26	0.0			6:38	6:34	
13	Mon	5:38	0.9	5:27	1.1	12:10	-0.2	12:03	0.1	6:37	6:34	
14	Tue	6:22	0.7	6:05	1.1	1:01	-0.2	12:42	0.2	6:36	6:35	
15	Wed	7:12	0.6	6:50	1.0	1:57	-0.1	1:26	0.3	6:35	6:35	
16	Thu	8:20	0.6	7:45	0.9	3:00	0.0	2:22	0.4	6:34	6:36	
17	Fri	9:53	0.5	8:57	0.9	4:09	0.0	3:34	0.4	6:33	6:36	
18	Sat	11:14	0.6	10:15	0.9	5:16	0.0	4:49	0.4	6:32	6:36	
19	Sun			12:02	0.6	6:14	0.0	5:55	0.4	6:31	6:37	
20	Mon			12:37	0.7	7:02	0.0	6:48	0.3	6:30	6:37	
21	Tue	12:16	1.0	1:08	0.8	7:41	0.0	7:34	0.2	6:29	6:38	
22	Wed	1:03	1.1	1:39	0.9	8:15	0.0	8:14	0.1	6:28	6:38	
23	Thu	1:47	1.1	2:10	1.0	8:45	0.0	8:53	-0.1	6:27	6:39	
24	Fri	2:30	1.1	2:42	1.1	9:16	0.0	9:32	-0.2	6:26	6:39	
25	Sat	3:12	1.1	3:15	1.2	9:46	0.0	10:12	-0.3	6:25	6:39	
26	Sun	3:56	1.1	3:50	1.3	10:19	0.0	10:56	-0.3	6:24	6:40	
27	Mon	4:41	1.0	4:27	1.3	10:53	0.1	11:43	-0.3	6:23	6:40	
28	Tue	5:28	0.9	5:07	1.3	11:30	0.2			6:22	6:41	
29	Wed	6:21	0.8	5:53	1.3	12:36	-0.3	12:13	0.2	6:21	6:41	
30	Thu	7:24	0.7	6:48	1.2	1:37	-0.3	1:05	0.3	6:20	6:41	
31	Fri	8:42	0.7	8:00	1.2	2:45	-0.2	2:13	0.4	6:19	6:42	