

Rockland Key, Rockland Channel Bridge, FL - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:01	1.3	6:02	0.9			12:25	-0.1	7:10	5:49	
2	Tue	5:51	1.2	6:40	1.0	12:15	0.2	1:05	0.0	7:11	5:50	
3	Wed	6:49	1.0	7:21	1.0	1:22	0.2	1:46	0.1	7:11	5:51	
4	Thu	8:01	0.8	8:10	1.1	2:37	0.1	2:31	0.2	7:11	5:51	
5	Fri	9:32	0.7	9:07	1.2	3:55	0.0	3:21	0.3	7:11	5:52	
6	Sat	11:08	0.6	10:12	1.2	5:12	-0.2	4:17	0.3	7:12	5:53	
7	Sun			12:27	0.6	6:23	-0.3	5:17	0.3	7:12	5:53	
8	Mon			1:27	0.6	7:26	-0.4	6:19	0.3	7:12	5:54	
9	Tue	12:17	1.4	2:15	0.6	8:21	-0.5	7:18	0.2	7:12	5:55	
10	Wed	1:15	1.4	2:57	0.6	9:10	-0.5	8:13	0.1	7:12	5:55	
11	Thu	2:08	1.5	3:34	0.7	9:53	-0.5	9:06	0.1	7:12	5:56	
12	Fri	2:57	1.4	4:09	0.8	10:33	-0.4	9:57	0.1	7:12	5:57	
13	Sat	3:44	1.4	4:43	0.8	11:11	-0.3	10:47	0.0	7:12	5:58	
14	Sun	4:28	1.3	5:16	0.9	11:48	-0.2	11:39	0.1	7:12	5:58	
15	Mon	5:10	1.1	5:48	0.9			12:25	-0.1	7:12	5:59	
16	Tue	5:53	1.0	6:21	1.0	12:34	0.1	1:01	0.0	7:12	6:00	
17	Wed	6:38	0.8	6:58	1.0	1:33	0.1	1:36	0.2	7:12	6:01	
18	Thu	7:31	0.6	7:39	1.0	2:38	0.1	2:13	0.2	7:12	6:01	
19	Fri	8:45	0.5	8:29	1.0	3:46	0.1	2:52	0.3	7:12	6:02	
20	Sat	10:38	0.4	9:28	1.0	4:56	0.0	3:39	0.4	7:12	6:03	
21	Sun			12:18	0.4	6:04	-0.1	4:37	0.4	7:12	6:04	
22	Mon			1:11	0.4	7:03	-0.2	5:38	0.4	7:11	6:04	
23	Tue			1:46	0.5	7:51	-0.3	6:34	0.3	7:11	6:05	
24	Wed	12:21	1.1	2:15	0.5	8:31	-0.4	7:24	0.3	7:11	6:06	
25	Thu	1:09	1.2	2:44	0.6	9:06	-0.4	8:09	0.2	7:11	6:07	
26	Fri	1:55	1.3	3:14	0.7	9:39	-0.4	8:54	0.1	7:10	6:07	
27	Sat	2:40	1.3	3:45	0.8	10:11	-0.4	9:38	0.0	7:10	6:08	
28	Sun	3:24	1.3	4:16	0.8	10:43	-0.3	10:25	-0.1	7:10	6:09	
29	Mon	4:09	1.3	4:47	0.9	11:16	-0.3	11:15	-0.1	7:09	6:09	
30	Tue	4:56	1.1	5:20	1.0	11:50	-0.2			7:09	6:10	
31	Wed	5:45	1.0	5:56	1.1	12:10	-0.2	12:24	-0.1	7:08	6:11	