

Rockland Key, Rockland Channel Bridge, FL - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:41	0.8	5:20	1.2	12:01	-0.4	11:47 AM	0.1	6:49	6:29	
2	Fri	6:38	0.7	6:04	1.2	1:01	-0.4	12:23	0.1	6:48	6:29	
3	Sat	7:49	0.5	7:00	1.2	2:09	-0.4	1:06	0.2	6:47	6:30	
4	Sun	9:29	0.4	8:14	1.1	3:26	-0.3	2:03	0.3	6:46	6:30	
5	Mon	11:12	0.4	9:47	1.1	4:49	-0.3	3:27	0.3	6:45	6:31	
6	Tue			12:15	0.5	6:08	-0.2	4:59	0.3	6:44	6:31	
7	Wed			12:56	0.6	7:10	-0.2	6:18	0.2	6:43	6:31	
8	Thu	12:18	1.2	1:30	0.7	7:55	-0.2	7:21	0.1	6:42	6:32	
9	Fri	1:13	1.2	2:00	0.8	8:30	-0.1	8:14	0.0	6:41	6:32	
10	Sat	2:00	1.2	2:28	1.0	9:01	-0.1	9:00	-0.1	6:40	6:33	
11	Sun	2:42	1.2	2:55	1.1	9:31	0.0	9:42	-0.2	6:39	6:33	
12	Mon	3:20	1.1	3:20	1.1	10:00	0.0	10:22	-0.2	6:38	6:34	
13	Tue	3:55	1.0	3:47	1.2	10:28	0.1	11:01	-0.2	6:37	6:34	
14	Wed	4:30	0.9	4:14	1.2	10:55	0.1	11:41	-0.2	6:36	6:35	
15	Thu	5:06	0.8	4:44	1.1	11:20	0.2			6:35	6:35	
16	Fri	5:44	0.7	5:16	1.1	12:23	-0.2	11:42 AM	0.2	6:34	6:36	
17	Sat	6:27	0.6	5:53	1.1	1:11	-0.2	12:01	0.3	6:33	6:36	
18	Sun	7:25	0.5	6:38	1.0	2:07	-0.1	12:21	0.4	6:32	6:36	
19	Mon	8:58	0.4	7:39	1.0	3:16	0.0	12:48	0.4	6:31	6:37	
20	Tue	11:00	0.5	9:01	1.0	4:30	0.0	2:21	0.5	6:30	6:37	
21	Wed	11:49	0.5	10:25	1.0	5:37	0.0	4:30	0.5	6:29	6:38	
22	Thu			12:19	0.7	6:31	0.0	5:51	0.4	6:28	6:38	
23	Fri			12:47	0.8	7:13	0.0	6:52	0.2	6:27	6:39	
24	Sat	12:32	1.2	1:16	0.9	7:49	0.0	7:44	0.1	6:26	6:39	
25	Sun	1:26	1.2	1:46	1.1	8:23	0.0	8:33	-0.2	6:25	6:39	
26	Mon	2:16	1.2	2:18	1.2	8:55	0.0	9:20	-0.3	6:24	6:40	
27	Tue	3:06	1.2	2:52	1.3	9:28	0.1	10:08	-0.5	6:23	6:40	
28	Wed	3:56	1.1	3:29	1.4	10:02	0.1	10:58	-0.6	6:22	6:41	
29	Thu	4:46	0.9	4:09	1.5	10:37	0.2	11:52	-0.5	6:21	6:41	
30	Fri	5:39	0.8	4:54	1.4	11:14	0.2			6:20	6:41	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	6:37	0.6	5:45	1.4	12:51	-0.5	11:55 AM	0.3	6:19	6:42	