

Rockland Key, Rockland Channel Bridge, FL - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:20	1.2	11:50	0.7	4:41	0.4	6:19	0.2	6:41	8:19	
2	Mon	11:08	1.2			5:25	0.5	7:20	0.1	6:41	8:19	
3	Tue	1:09	0.6	11:56 AM	1.2	6:10	0.5	8:14	0.0	6:42	8:19	
4	Wed	2:09	0.6	12:42	1.3	6:56	0.5	9:01	-0.1	6:42	8:19	
5	Thu	2:54	0.6	1:27	1.3	7:42	0.5	9:41	-0.2	6:42	8:19	
6	Fri	3:31	0.6	2:10	1.4	8:25	0.5	10:18	-0.2	6:43	8:19	
7	Sat	4:04	0.7	2:53	1.4	9:06	0.5	10:53	-0.2	6:43	8:19	
8	Sun	4:36	0.7	3:35	1.4	9:47	0.4	11:26	-0.2	6:44	8:19	
9	Mon	5:08	0.8	4:17	1.5	10:29	0.4			6:44	8:19	
10	Tue	5:41	0.9	5:00	1.4	12:00	-0.2	11:13 AM	0.4	6:44	8:19	
11	Wed	6:14	0.9	5:43	1.4	12:33	-0.1	12:01	0.4	6:45	8:19	
12	Thu	6:47	1.0	6:30	1.3	1:07	0.0	12:55	0.4	6:45	8:18	
13	Fri	7:21	1.1	7:21	1.1	1:42	0.1	1:57	0.3	6:46	8:18	
14	Sat	7:59	1.2	8:22	1.0	2:19	0.2	3:06	0.2	6:46	8:18	
15	Sun	8:41	1.3	9:39	0.8	2:59	0.3	4:20	0.1	6:47	8:18	
16	Mon	9:32	1.3	11:14	0.7	3:43	0.4	5:35	0.0	6:47	8:17	
17	Tue	10:32	1.4			4:33	0.4	6:47	-0.1	6:47	8:17	
18	Wed	12:43	0.6	11:37 AM	1.5	5:31	0.5	7:54	-0.2	6:48	8:17	
19	Thu	1:54	0.6	12:42	1.6	6:34	0.4	8:54	-0.3	6:48	8:17	
20	Fri	2:48	0.7	1:43	1.6	7:38	0.4	9:46	-0.3	6:49	8:16	
21	Sat	3:33	0.7	2:41	1.7	8:39	0.4	10:32	-0.3	6:49	8:16	
22	Sun	4:13	0.8	3:34	1.7	9:37	0.3	11:14	-0.2	6:50	8:15	
23	Mon	4:51	0.9	4:25	1.6	10:32	0.3	11:53	-0.1	6:50	8:15	
24	Tue	5:26	1.0	5:12	1.5	11:26	0.2			6:51	8:15	
25	Wed	6:01	1.1	5:58	1.4	12:31	0.0	12:21	0.3	6:51	8:14	
26	Thu	6:35	1.2	6:42	1.2	1:08	0.1	1:17	0.3	6:52	8:14	
27	Fri	7:11	1.2	7:28	1.0	1:44	0.3	2:18	0.3	6:52	8:13	
28	Sat	7:48	1.3	8:19	0.9	2:20	0.4	3:22	0.3	6:53	8:13	
29	Sun	8:29	1.3	9:26	0.7	2:57	0.5	4:30	0.3	6:53	8:12	
30	Mon	9:17	1.2	11:06	0.6	3:37	0.5	5:39	0.3	6:53	8:12	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	10:13	1.2			4:21	0.6	6:47	0.2	6:54	8:11	