

Rockland Key, Rockland Channel Bridge, FL - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:54	0.6	11:14 AM	1.3	5:15	0.6	7:48	0.1	6:54	8:11	
2	Thu	1:57	0.6	12:12	1.3	6:15	0.6	8:39	0.1	6:55	8:10	
3	Fri	2:33	0.7	1:05	1.4	7:13	0.6	9:20	0.0	6:55	8:09	
4	Sat	3:02	0.8	1:53	1.5	8:05	0.6	9:55	0.0	6:56	8:09	
5	Sun	3:30	0.8	2:38	1.5	8:52	0.6	10:26	0.0	6:56	8:08	
6	Mon	3:59	0.9	3:22	1.6	9:36	0.5	10:56	0.0	6:57	8:07	
7	Tue	4:28	1.0	4:05	1.6	10:20	0.4	11:26	0.1	6:57	8:07	
8	Wed	4:58	1.1	4:49	1.5	11:06	0.4	11:56	0.1	6:58	8:06	
9	Thu	5:29	1.2	5:34	1.4	11:54	0.3			6:58	8:05	
10	Fri	6:01	1.3	6:21	1.3	12:28	0.2	12:46	0.2	6:58	8:05	
11	Sat	6:36	1.4	7:13	1.1	1:00	0.3	1:44	0.2	6:59	8:04	
12	Sun	7:15	1.4	8:15	0.9	1:35	0.4	2:50	0.2	6:59	8:03	
13	Mon	8:01	1.5	9:36	0.8	2:14	0.5	4:04	0.1	7:00	8:02	
14	Tue	9:00	1.5	11:19	0.7	3:00	0.6	5:23	0.1	7:00	8:01	
15	Wed	10:14	1.5			3:59	0.6	6:41	0.1	7:01	8:01	
16	Thu	12:46	0.7	11:32 AM	1.6	5:12	0.6	7:50	0.0	7:01	8:00	
17	Fri	1:45	0.8	12:43	1.6	6:29	0.6	8:46	0.0	7:01	7:59	
18	Sat	2:29	0.9	1:45	1.7	7:40	0.6	9:31	0.0	7:02	7:58	
19	Sun	3:07	1.0	2:40	1.7	8:41	0.5	10:10	0.1	7:02	7:57	
20	Mon	3:41	1.1	3:29	1.7	9:37	0.4	10:45	0.2	7:03	7:56	
21	Tue	4:13	1.2	4:15	1.6	10:28	0.3	11:18	0.2	7:03	7:56	
22	Wed	4:44	1.3	4:57	1.5	11:16	0.3	11:50	0.3	7:03	7:55	
23	Thu	5:15	1.4	5:37	1.4			12:04	0.3	7:04	7:54	
24	Fri	5:46	1.5	6:17	1.3	12:22	0.4	12:52	0.3	7:04	7:53	
25	Sat	6:18	1.5	6:57	1.1	12:53	0.5	1:43	0.3	7:05	7:52	
26	Sun	6:52	1.4	7:42	1.0	1:24	0.6	2:39	0.4	7:05	7:51	
27	Mon	7:32	1.4	8:41	0.8	1:53	0.7	3:43	0.4	7:05	7:50	
28	Tue	8:20	1.4	10:19	0.8	2:22	0.8	4:54	0.4	7:06	7:49	
29	Wed	9:21	1.4			3:00	0.8	6:08	0.4	7:06	7:48	
30	Thu	12:36	0.8	10:34 AM	1.4	4:19	0.9	7:14	0.4	7:07	7:47	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	1:26	0.8	11:43 AM	1.4	5:46	0.9	8:06	0.4	7:07	7:46	