
































Rockland Key, Rockland Channel Bridge, FL - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:47	0.5	6:35	-0.1	5:53	0.3	6:49	6:28	
2	Sat			1:26	0.6	7:29	-0.2	6:52	0.3	6:48	6:29	
3	Sun	12:30	1.0	1:55	0.6	8:10	-0.2	7:42	0.2	6:47	6:29	
4	Mon	1:15	1.1	2:20	0.7	8:45	-0.2	8:24	0.1	6:46	6:30	
5	Tue	1:54	1.1	2:44	0.8	9:16	-0.2	9:02	0.1	6:45	6:30	
6	Wed	2:32	1.1	3:09	0.9	9:45	-0.2	9:37	0.0	6:44	6:31	
7	Thu	3:08	1.1	3:35	0.9	10:13	-0.1	10:12	0.0	6:43	6:31	
8	Fri	3:45	1.1	4:03	1.0	10:39	-0.1	10:48	-0.1	6:42	6:32	
9	Sat	4:22	1.1	4:31	1.0	11:06	0.0	11:26	-0.1	6:41	6:32	
10	Sun	6:01	1.0	6:00	1.1			12:33	0.1	7:40	7:33	
11	Mon	6:44	0.9	6:32	1.1	1:09	-0.2	1:02	0.1	7:39	7:33	
12	Tue	7:33	0.7	7:07	1.1	1:59	-0.2	1:35	0.2	7:38	7:34	
13	Wed	8:36	0.6	7:53	1.1	2:59	-0.2	2:15	0.3	7:37	7:34	
14	Thu	10:04	0.5	8:57	1.1	4:09	-0.2	3:10	0.4	7:36	7:35	
15	Fri	11:40	0.5	10:23	1.1	5:25	-0.2	4:28	0.4	7:35	7:35	
16	Sat			12:49	0.6	6:38	-0.2	5:52	0.4	7:34	7:36	
17	Sun			1:38	0.7	7:42	-0.3	7:08	0.3	7:33	7:36	
18	Mon	1:00	1.3	2:19	0.8	8:35	-0.3	8:12	0.1	7:32	7:36	
19	Tue	2:02	1.3	2:57	0.9	9:21	-0.3	9:09	-0.1	7:31	7:37	
20	Wed	2:58	1.4	3:33	1.0	10:02	-0.2	10:02	-0.2	7:30	7:37	
21	Thu	3:50	1.4	4:09	1.2	10:41	-0.2	10:53	-0.3	7:29	7:38	
22	Fri	4:40	1.3	4:45	1.2	11:19	-0.1	11:43	-0.4	7:28	7:38	
23	Sat	5:29	1.2	5:22	1.3	11:57	0.0			7:27	7:39	
24	Sun	6:17	1.0	6:00	1.3	12:34	-0.4	12:34	0.1	7:26	7:39	
25	Mon	7:07	0.9	6:40	1.2	1:28	-0.3	1:14	0.2	7:25	7:39	
26	Tue	8:02	0.7	7:24	1.2	2:25	-0.2	1:57	0.3	7:24	7:40	
27	Wed	9:13	0.6	8:18	1.1	3:29	-0.1	2:49	0.4	7:23	7:40	
28	Thu	10:54	0.6	9:27	1.0	4:38	-0.1	4:00	0.5	7:22	7:41	
29	Fri			12:24	0.6	5:49	0.0	5:21	0.5	7:21	7:41	
30	Sat			1:14	0.7	6:55	0.0	6:36	0.5	7:20	7:41	
31	Sun	12:05	1.0	1:46	0.7	7:49	0.0	7:38	0.4	7:19	7:42	