



































Rockland Key, Rockland Channel Bridge, FL - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:02	0.8	2:07	1.5	8:22	0.4	10:01	-0.4	6:41	8:19	
2	Tue	3:51	0.8	2:54	1.5	9:07	0.4	10:46	-0.4	6:41	8:19	
3	Wed	4:38	0.8	3:43	1.6	9:54	0.3	11:32	-0.5	6:42	8:19	
4	Thu	5:23	0.8	4:34	1.6	10:43	0.3			6:42	8:19	
5	Fri	6:08	0.9	5:27	1.5	12:19	-0.4	11:35 AM	0.3	6:42	8:19	
6	Sat	6:53	0.9	6:21	1.5	1:07	-0.3	12:34	0.3	6:43	8:19	
7	Sun	7:39	1.0	7:20	1.3	1:56	-0.2	1:41	0.3	6:43	8:19	
8	Mon	8:28	1.1	8:25	1.2	2:46	0.0	2:57	0.3	6:44	8:19	
9	Tue	9:19	1.1	9:41	1.0	3:36	0.1	4:15	0.3	6:44	8:19	
10	Wed	10:14	1.2	11:07	0.9	4:27	0.2	5:32	0.2	6:44	8:19	
11	Thu	11:09	1.3			5:17	0.3	6:43	0.1	6:45	8:19	
12	Fri	12:28	0.8	12:02	1.4	6:08	0.4	7:46	0.0	6:45	8:18	
13	Sat	1:37	0.8	12:52	1.4	6:59	0.4	8:42	-0.1	6:46	8:18	
14	Sun	2:34	0.8	1:39	1.4	7:48	0.4	9:29	-0.2	6:46	8:18	
15	Mon	3:22	0.8	2:23	1.5	8:36	0.4	10:11	-0.2	6:47	8:18	
16	Tue	4:02	0.8	3:05	1.5	9:22	0.4	10:50	-0.2	6:47	8:17	
17	Wed	4:38	0.8	3:45	1.4	10:05	0.4	11:28	-0.2	6:47	8:17	
18	Thu	5:11	0.8	4:24	1.4	10:47	0.4			6:48	8:17	
19	Fri	5:43	0.9	5:02	1.4	12:05	-0.1	11:29 AM	0.4	6:48	8:17	
20	Sat	6:15	0.9	5:41	1.3	12:41	-0.1	12:12	0.4	6:49	8:16	
21	Sun	6:48	1.0	6:21	1.3	1:17	0.0	12:58	0.5	6:49	8:16	
22	Mon	7:23	1.0	7:03	1.2	1:53	0.1	1:50	0.5	6:50	8:16	
23	Tue	7:59	1.1	7:51	1.0	2:29	0.2	2:50	0.5	6:50	8:15	
24	Wed	8:39	1.1	8:50	0.9	3:06	0.3	3:56	0.4	6:51	8:15	
25	Thu	9:24	1.1	10:04	0.8	3:44	0.4	5:03	0.4	6:51	8:14	
26	Fri	10:13	1.2	11:30	0.8	4:26	0.5	6:08	0.2	6:52	8:14	
27	Sat	11:06	1.3			5:13	0.5	7:09	0.1	6:52	8:13	
28	Sun	12:48	0.7	12:00	1.4	6:06	0.5	8:04	0.0	6:53	8:13	
29	Mon	1:51	0.8	12:55	1.5	7:02	0.5	8:55	-0.2	6:53	8:12	
30	Tue	2:44	0.8	1:49	1.6	7:57	0.5	9:43	-0.3	6:54	8:12	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	3:30	0.9	2:42	1.7	8:50	0.4	10:29	-0.3	6:54	8:11	