








## Rockland Key, Rockland Channel Bridge, FL - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:03	0.6	6:43	1.0	1:45	-0.1	1:05	0.3	6:48	6:29	
2	Mon	8:13	0.5	7:31	0.9	2:48	-0.1	1:41	0.3	6:47	6:29	
3	Tue	9:53	0.4	8:37	1.0	4:00	-0.1	2:35	0.4	6:46	6:30	
4	Wed	11:27	0.5	9:59	1.0	5:13	-0.2	3:56	0.4	6:45	6:30	
5	Thu			12:26	0.5	6:20	-0.2	5:19	0.4	6:44	6:31	
6	Fri			1:07	0.6	7:16	-0.3	6:28	0.3	6:43	6:31	
7	Sat	12:19	1.2	1:44	0.7	8:03	-0.4	7:28	0.1	6:42	6:32	
8	Sun	1:16	1.3	3:19	0.8	9:45	-0.4	9:22	0.0	7:41	7:32	
9	Mon	3:10	1.4	3:54	1.0	10:24	-0.3	10:14	-0.2	7:40	7:33	
10	Tue	4:02	1.4	4:29	1.1	11:02	-0.3	11:05	-0.3	7:39	7:33	
11	Wed	4:53	1.3	5:05	1.2	11:39	-0.2	11:57	-0.4	7:38	7:34	
12	Thu	5:44	1.2	5:43	1.2			12:17	-0.1	7:37	7:34	
13	Fri	6:36	1.0	6:23	1.3	12:52	-0.4	12:55	0.1	7:36	7:35	
14	Sat	7:32	0.8	7:08	1.2	1:51	-0.4	1:36	0.2	7:35	7:35	
15	Sun	8:39	0.7	7:59	1.2	2:56	-0.3	2:22	0.3	7:34	7:35	
16	Mon	10:09	0.5	9:05	1.1	4:08	-0.2	3:20	0.4	7:33	7:36	
17	Tue	11:53	0.5	10:28	1.0	5:25	-0.2	4:36	0.4	7:32	7:36	
18	Wed			1:04	0.6	6:41	-0.1	5:58	0.4	7:31	7:37	
19	Thu			1:50	0.6	7:46	-0.1	7:11	0.3	7:30	7:37	
20	Fri	12:58	1.1	2:24	0.7	8:35	-0.1	8:11	0.3	7:29	7:38	
21	Sat	1:51	1.1	2:51	0.8	9:12	-0.1	9:00	0.2	7:28	7:38	
22	Sun	2:35	1.1	3:16	0.9	9:45	0.0	9:42	0.1	7:27	7:38	
23	Mon	3:14	1.2	3:39	1.0	10:14	0.0	10:20	0.0	7:26	7:39	
24	Tue	3:50	1.1	4:03	1.1	10:42	0.0	10:55	-0.1	7:25	7:39	
25	Wed	4:25	1.1	4:28	1.1	11:09	0.1	11:30	-0.1	7:24	7:40	
26	Thu	5:01	1.1	4:54	1.1	11:34	0.1			7:23	7:40	
27	Fri	5:37	1.0	5:21	1.2	12:06	-0.1	11:59 AM	0.2	7:22	7:41	
28	Sat	6:17	0.9	5:50	1.2	12:43	-0.2	12:23	0.3	7:21	7:41	
29	Sun	7:00	0.8	6:22	1.1	1:25	-0.2	12:48	0.3	7:20	7:41	
30	Mon	7:52	0.7	6:59	1.1	2:14	-0.1	1:18	0.4	7:19	7:42	
31	Tue	9:02	0.6	7:48	1.1	3:14	-0.1	1:57	0.5	7:18	7:42	