
























Rockland Key, Rockland Channel Bridge, FL - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:25	0.7	10:47	1.2	5:38	0.0	4:58	0.4	7:10	5:49	
2	Mon			12:35	0.7	6:42	-0.1	5:47	0.4	7:11	5:50	
3	Tue			1:31	0.6	7:37	-0.2	6:35	0.4	7:11	5:50	
4	Wed	12:20	1.3	2:15	0.6	8:23	-0.3	7:20	0.3	7:11	5:51	
5	Thu	1:03	1.3	2:52	0.6	9:03	-0.3	8:03	0.3	7:11	5:52	
6	Fri	1:43	1.3	3:24	0.6	9:40	-0.3	8:43	0.3	7:12	5:53	
7	Sat	2:22	1.3	3:54	0.6	10:16	-0.3	9:21	0.3	7:12	5:53	
8	Sun	3:00	1.3	4:24	0.7	10:50	-0.3	9:58	0.3	7:12	5:54	
9	Mon	3:38	1.3	4:55	0.7	11:24	-0.3	10:36	0.3	7:12	5:55	
10	Tue	4:16	1.2	5:27	0.8	11:58	-0.2	11:17	0.3	7:12	5:55	
11	Wed	4:54	1.2	5:59	0.8			12:31	-0.1	7:12	5:56	
12	Thu	5:35	1.1	6:33	0.8	12:04	0.3	1:04	0.0	7:12	5:57	
13	Fri	6:21	0.9	7:08	0.9	1:00	0.3	1:38	0.1	7:12	5:58	
14	Sat	7:17	0.8	7:48	0.9	2:05	0.2	2:14	0.2	7:12	5:58	
15	Sun	8:33	0.7	8:34	1.0	3:18	0.1	2:54	0.3	7:12	5:59	
16	Mon	10:10	0.5	9:29	1.1	4:31	0.0	3:42	0.3	7:12	6:00	
17	Tue	11:43	0.5	10:30	1.1	5:41	-0.2	4:38	0.4	7:12	6:01	
18	Wed			12:54	0.5	6:46	-0.4	5:39	0.3	7:12	6:01	
19	Thu			1:48	0.5	7:44	-0.5	6:39	0.3	7:12	6:02	
20	Fri	12:32	1.4	2:34	0.6	8:37	-0.6	7:37	0.2	7:12	6:03	
21	Sat	1:30	1.5	3:15	0.6	9:26	-0.7	8:32	0.1	7:11	6:03	
22	Sun	2:26	1.5	3:53	0.7	10:12	-0.6	9:27	0.0	7:11	6:04	
23	Mon	3:21	1.5	4:31	0.7	10:55	-0.5	10:22	-0.1	7:11	6:05	
24	Tue	4:14	1.4	5:08	0.8	11:38	-0.4	11:19	-0.1	7:11	6:06	
25	Wed	5:06	1.3	5:46	0.9			12:19	-0.2	7:11	6:06	
26	Thu	5:59	1.1	6:26	1.0	12:21	-0.1	1:00	-0.1	7:10	6:07	
27	Fri	6:57	0.9	7:09	1.0	1:28	-0.1	1:41	0.1	7:10	6:08	
28	Sat	8:05	0.7	7:57	1.0	2:41	-0.1	2:24	0.2	7:10	6:09	
29	Sun	9:34	0.5	8:55	1.0	3:56	-0.1	3:12	0.3	7:09	6:09	
30	Mon	11:18	0.4	10:00	1.0	5:11	-0.2	4:06	0.3	7:09	6:10	
31	Tue			12:37	0.4	6:23	-0.2	5:07	0.3	7:08	6:11	