

































Rockland Key, Rockland Channel Bridge, FL - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:34	0.4	5:54	-0.1	4:37	0.4	6:49	6:28	
2	Thu			1:14	0.5	7:00	-0.2	5:53	0.4	6:48	6:29	
3	Fri			1:40	0.5	7:49	-0.2	6:55	0.3	6:47	6:29	
4	Sat	12:34	1.0	2:02	0.6	8:26	-0.2	7:44	0.2	6:46	6:30	
5	Sun	1:18	1.1	2:23	0.7	8:57	-0.2	8:26	0.2	6:45	6:30	
6	Mon	1:58	1.1	2:45	0.8	9:24	-0.2	9:03	0.1	6:44	6:31	
7	Tue	2:36	1.2	3:09	0.9	9:50	-0.1	9:39	0.0	6:43	6:31	
8	Wed	3:13	1.2	3:34	1.0	10:14	-0.1	10:15	-0.1	6:42	6:32	
9	Thu	3:51	1.1	4:01	1.1	10:38	0.0	10:53	-0.2	6:41	6:32	
10	Fri	4:30	1.0	4:27	1.1	11:02	0.1	11:34	-0.2	6:40	6:33	
11	Sat	5:11	0.9	4:56	1.1	11:27	0.1			6:39	6:33	
12	Sun	6:57	0.8	6:27	1.1	12:21	-0.3	12:54	0.2	7:38	7:34	
13	Mon	7:53	0.6	7:06	1.1	2:16	-0.3	1:24	0.3	7:37	7:34	
14	Tue	9:12	0.5	7:58	1.1	3:22	-0.3	2:01	0.3	7:36	7:35	
15	Wed	11:07	0.4	9:15	1.1	4:39	-0.2	2:58	0.4	7:35	7:35	
16	Thu			12:39	0.5	6:00	-0.2	4:37	0.4	7:34	7:36	
17	Fri			1:28	0.6	7:13	-0.3	6:14	0.4	7:33	7:36	
18	Sat	12:17	1.2	2:04	0.7	8:12	-0.3	7:32	0.2	7:32	7:36	
19	Sun	1:26	1.3	2:37	0.8	8:59	-0.3	8:36	0.1	7:31	7:37	
20	Mon	2:26	1.4	3:10	1.0	9:39	-0.2	9:31	-0.1	7:30	7:37	
21	Tue	3:19	1.4	3:42	1.1	10:15	-0.1	10:23	-0.3	7:29	7:38	
22	Wed	4:09	1.3	4:14	1.2	10:50	0.0	11:12	-0.4	7:28	7:38	
23	Thu	4:57	1.2	4:46	1.3	11:23	0.0			7:27	7:39	
24	Fri	5:43	1.1	5:20	1.3	12:01	-0.4	11:56 AM	0.1	7:26	7:39	
25	Sat	6:29	0.9	5:55	1.3	12:51	-0.4	12:29	0.2	7:25	7:39	
26	Sun	7:16	0.7	6:32	1.2	1:43	-0.3	1:02	0.3	7:24	7:40	
27	Mon	8:11	0.6	7:14	1.1	2:40	-0.2	1:36	0.4	7:23	7:40	
28	Tue	9:32	0.5	8:06	1.1	3:45	-0.1	2:17	0.5	7:22	7:41	
29	Wed	11:52	0.5	9:19	1.0	4:58	0.0	3:33	0.5	7:21	7:41	
30	Thu			1:03	0.5	6:12	0.0	5:15	0.5	7:20	7:41	
31	Fri			1:31	0.6	7:16	0.0	6:38	0.5	7:19	7:42	