



































Rockland Key, Rockland Channel Bridge, FL - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:28	1.0	1:10	1.0	7:42	0.3	8:03	0.3	6:51	7:56	
2	Tue	1:23	1.0	1:36	1.1	8:15	0.3	8:45	0.1	6:50	7:56	
3	Wed	2:13	1.0	2:04	1.2	8:44	0.3	9:24	0.0	6:49	7:57	
4	Thu	2:59	1.0	2:34	1.3	9:12	0.4	10:03	-0.2	6:49	7:57	
5	Fri	3:45	1.0	3:05	1.4	9:40	0.4	10:42	-0.3	6:48	7:58	
6	Sat	4:31	0.9	3:40	1.5	10:10	0.4	11:25	-0.4	6:47	7:58	
7	Sun	5:19	0.8	4:18	1.5	10:41	0.4			6:47	7:59	
8	Mon	6:09	0.8	5:00	1.5	12:11	-0.5	11:16 AM	0.4	6:46	7:59	
9	Tue	7:02	0.7	5:48	1.5	1:02	-0.4	11:55 AM	0.4	6:46	8:00	
10	Wed	8:02	0.7	6:44	1.4	1:59	-0.3	12:44	0.5	6:45	8:00	
11	Thu	9:09	0.7	7:51	1.3	3:03	-0.2	1:53	0.5	6:45	8:01	
12	Fri	10:17	0.7	9:14	1.2	4:09	-0.1	3:29	0.6	6:44	8:01	
13	Sat	11:13	0.9	10:43	1.2	5:11	0.0	5:04	0.5	6:43	8:02	
14	Sun	11:59	1.0			6:05	0.1	6:25	0.3	6:43	8:02	
15	Mon	12:04	1.1	12:39	1.2	6:53	0.2	7:33	0.1	6:42	8:03	
16	Tue	1:13	1.1	1:15	1.3	7:36	0.3	8:30	-0.1	6:42	8:03	
17	Wed	2:13	1.0	1:51	1.4	8:16	0.3	9:21	-0.2	6:42	8:04	
18	Thu	3:07	1.0	2:27	1.5	8:53	0.3	10:07	-0.3	6:41	8:04	
19	Fri	3:55	0.9	3:02	1.5	9:30	0.4	10:50	-0.4	6:41	8:05	
20	Sat	4:40	0.8	3:39	1.5	10:06	0.4	11:33	-0.4	6:40	8:05	
21	Sun	5:22	0.8	4:16	1.4	10:42	0.4			6:40	8:06	
22	Mon	6:04	0.7	4:55	1.4	12:16	-0.3	11:17 AM	0.4	6:40	8:06	
23	Tue	6:46	0.7	5:35	1.3	1:01	-0.3	11:54 AM	0.5	6:39	8:07	
24	Wed	7:31	0.7	6:19	1.2	1:49	-0.2	12:35	0.5	6:39	8:07	
25	Thu	8:21	0.7	7:07	1.2	2:41	-0.1	1:29	0.6	6:39	8:08	
26	Fri	9:15	0.7	8:02	1.1	3:34	0.1	2:48	0.6	6:38	8:08	
27	Sat	10:08	0.8	9:09	1.0	4:25	0.2	4:17	0.6	6:38	8:09	
28	Sun	10:52	0.9	10:27	0.9	5:13	0.2	5:33	0.6	6:38	8:09	
29	Mon	11:30	1.0	11:42	0.9	5:55	0.3	6:36	0.4	6:38	8:10	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue			12:04	1.1	6:33	0.4	7:29	0.2	6:37	8:10	
31	Wed	12:49	0.9	12:38	1.2	7:08	0.4	8:16	0.0	6:37	8:10	