


































Rockland Key, Rockland Channel Bridge, FL - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:49	0.9	1:13	1.3	7:43	0.4	9:00	-0.2	6:37	8:11	
2	Fri	2:43	0.8	1:50	1.4	8:18	0.4	9:44	-0.3	6:37	8:11	
3	Sat	3:35	0.8	2:31	1.5	8:54	0.4	10:28	-0.5	6:37	8:12	
4	Sun	4:25	0.8	3:15	1.5	9:33	0.4	11:15	-0.5	6:37	8:12	
5	Mon	5:15	0.7	4:02	1.6	10:14	0.4			6:37	8:13	
6	Tue	6:04	0.7	4:54	1.6	12:03	-0.5	10:59 AM	0.4	6:37	8:13	
7	Wed	6:53	0.7	5:49	1.5	12:55	-0.5	11:50 AM	0.4	6:37	8:13	
8	Thu	7:43	0.7	6:48	1.4	1:50	-0.3	12:52	0.4	6:37	8:14	
9	Fri	8:35	0.8	7:53	1.3	2:46	-0.2	2:10	0.5	6:37	8:14	
10	Sat	9:28	0.9	9:08	1.2	3:40	0.0	3:38	0.4	6:37	8:15	
11	Sun	10:20	1.0	10:31	1.0	4:32	0.1	5:03	0.3	6:37	8:15	
12	Mon	11:08	1.2	11:53	0.9	5:20	0.2	6:19	0.2	6:37	8:15	
13	Tue	11:54	1.3			6:05	0.3	7:25	0.0	6:37	8:16	
14	Wed	1:06	0.9	12:37	1.4	6:49	0.4	8:23	-0.1	6:37	8:16	
15	Thu	2:09	0.8	1:19	1.4	7:33	0.4	9:13	-0.2	6:37	8:16	
16	Fri	3:03	0.7	1:59	1.4	8:15	0.4	9:58	-0.3	6:37	8:17	
17	Sat	3:51	0.7	2:40	1.4	8:57	0.4	10:40	-0.3	6:37	8:17	
18	Sun	4:33	0.7	3:20	1.4	9:38	0.4	11:21	-0.3	6:37	8:17	
19	Mon	5:11	0.7	4:00	1.4	10:18	0.4			6:38	8:17	
20	Tue	5:48	0.7	4:40	1.4	12:01	-0.3	10:57 AM	0.4	6:38	8:18	
21	Wed	6:24	0.7	5:20	1.3	12:41	-0.2	11:38 AM	0.5	6:38	8:18	
22	Thu	7:00	0.8	6:01	1.3	1:23	-0.1	12:24	0.5	6:38	8:18	
23	Fri	7:38	0.8	6:45	1.2	2:04	0.0	1:17	0.5	6:39	8:18	
24	Sat	8:16	0.9	7:32	1.1	2:46	0.1	2:22	0.6	6:39	8:18	
25	Sun	8:56	0.9	8:28	1.0	3:25	0.2	3:35	0.5	6:39	8:19	
26	Mon	9:37	1.0	9:36	0.9	4:04	0.3	4:46	0.4	6:39	8:19	
27	Tue	10:18	1.1	10:58	0.8	4:41	0.4	5:51	0.3	6:40	8:19	
28	Wed	11:01	1.2			5:19	0.4	6:51	0.1	6:40	8:19	
29	Thu	12:19	0.7	11:44 AM	1.3	5:59	0.5	7:46	-0.1	6:40	8:19	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	1:31	0.7	12:30	1.4	6:43	0.5	8:38	-0.3	6:41	8:19	