

































Rockland Key, Rockland Channel Bridge, FL - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:34	1.1	6:39	0.8	12:05	0.4	1:18	0.1	7:10	5:49	
2	Tue	6:18	1.0	7:16	0.9	1:05	0.4	1:56	0.2	7:11	5:50	
3	Wed	7:11	0.9	7:56	0.9	2:12	0.4	2:34	0.3	7:11	5:50	
4	Thu	8:17	0.7	8:41	1.0	3:24	0.3	3:11	0.4	7:11	5:51	
5	Fri	9:45	0.6	9:29	1.0	4:33	0.2	3:51	0.4	7:11	5:52	
6	Sat	11:16	0.6	10:20	1.1	5:37	0.0	4:36	0.4	7:11	5:52	
7	Sun			12:30	0.6	6:35	-0.1	5:25	0.4	7:12	5:53	
8	Mon			1:27	0.6	7:27	-0.3	6:16	0.4	7:12	5:54	
9	Tue	12:04	1.3	2:13	0.6	8:15	-0.4	7:06	0.3	7:12	5:54	
10	Wed	12:56	1.4	2:55	0.6	9:01	-0.5	7:56	0.3	7:12	5:55	
11	Thu	1:48	1.4	3:34	0.6	9:45	-0.6	8:46	0.2	7:12	5:56	
12	Fri	2:40	1.5	4:12	0.7	10:28	-0.6	9:37	0.1	7:12	5:57	
13	Sat	3:31	1.5	4:49	0.8	11:10	-0.5	10:31	0.1	7:12	5:57	
14	Sun	4:23	1.5	5:27	0.8	11:53	-0.4	11:29	0.0	7:12	5:58	
15	Mon	5:17	1.3	6:06	0.9			12:35	-0.2	7:12	5:59	
16	Tue	6:13	1.1	6:47	1.0	12:34	0.0	1:17	0.0	7:12	6:00	
17	Wed	7:16	0.9	7:33	1.1	1:46	0.0	2:00	0.1	7:12	6:00	
18	Thu	8:33	0.7	8:26	1.1	3:03	-0.1	2:46	0.2	7:12	6:01	
19	Fri	10:09	0.6	9:27	1.1	4:22	-0.1	3:36	0.3	7:12	6:02	
20	Sat	11:43	0.5	10:32	1.1	5:39	-0.2	4:32	0.3	7:12	6:03	
21	Sun			12:55	0.5	6:49	-0.3	5:32	0.3	7:11	6:03	
22	Mon			1:47	0.5	7:49	-0.4	6:32	0.3	7:11	6:04	
23	Tue	12:31	1.2	2:27	0.5	8:36	-0.4	7:27	0.2	7:11	6:05	
24	Wed	1:20	1.2	3:00	0.5	9:16	-0.4	8:17	0.2	7:11	6:06	
25	Thu	2:05	1.2	3:30	0.6	9:51	-0.4	9:02	0.1	7:11	6:06	
26	Fri	2:45	1.2	3:56	0.7	10:24	-0.4	9:44	0.1	7:10	6:07	
27	Sat	3:23	1.2	4:23	0.7	10:56	-0.3	10:25	0.1	7:10	6:08	
28	Sun	3:59	1.2	4:49	0.8	11:27	-0.2	11:06	0.1	7:10	6:08	
29	Mon	4:35	1.1	5:17	0.8	11:57	-0.1	11:49	0.1	7:09	6:09	
30	Tue	5:12	1.0	5:45	0.9			12:25	0.0	7:09	6:10	
31	Wed	5:52	0.9	6:15	0.9	12:35	0.1	12:51	0.1	7:09	6:11	