
































Rockland Key, Rockland Channel Bridge, FL - Jun 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:27	0.8	7:40	1.2	2:45	-0.1	2:04	0.5	6:37	8:11	
2	Mon	9:20	0.8	8:46	1.1	3:38	0.0	3:28	0.5	6:37	8:12	
3	Tue	10:11	0.9	10:01	1.0	4:27	0.2	4:50	0.5	6:37	8:12	
4	Wed	10:56	1.0	11:22	0.9	5:13	0.3	6:03	0.4	6:37	8:12	
5	Thu	11:36	1.1			5:56	0.4	7:06	0.2	6:37	8:13	
6	Fri	12:34	0.8	12:12	1.2	6:36	0.4	7:59	0.1	6:37	8:13	
7	Sat	1:35	0.8	12:46	1.3	7:14	0.5	8:44	0.0	6:37	8:14	
8	Sun	2:26	0.7	1:21	1.3	7:50	0.5	9:25	-0.1	6:37	8:14	
9	Mon	3:10	0.7	1:57	1.3	8:25	0.5	10:03	-0.2	6:37	8:14	
10	Tue	3:51	0.7	2:34	1.4	8:58	0.5	10:40	-0.3	6:37	8:15	
11	Wed	4:30	0.7	3:13	1.4	9:31	0.5	11:17	-0.3	6:37	8:15	
12	Thu	5:09	0.7	3:54	1.4	10:05	0.5	11:55	-0.3	6:37	8:16	
13	Fri	5:48	0.7	4:36	1.4	10:42	0.5			6:37	8:16	
14	Sat	6:28	0.7	5:19	1.4	12:34	-0.3	11:24 AM	0.5	6:37	8:16	
15	Sun	7:08	0.8	6:06	1.4	1:16	-0.2	12:14	0.5	6:37	8:16	
16	Mon	7:48	0.8	6:57	1.3	1:59	-0.1	1:15	0.5	6:37	8:17	
17	Tue	8:29	0.9	7:56	1.2	2:44	0.0	2:30	0.5	6:37	8:17	
18	Wed	9:11	1.0	9:07	1.0	3:28	0.1	3:51	0.4	6:38	8:17	
19	Thu	9:56	1.1	10:31	0.9	4:13	0.2	5:09	0.2	6:38	8:18	
20	Fri	10:42	1.2	11:58	0.8	4:59	0.3	6:20	0.0	6:38	8:18	
21	Sat	11:31	1.4			5:46	0.4	7:26	-0.2	6:38	8:18	
22	Sun	1:16	0.7	12:22	1.5	6:34	0.4	8:27	-0.4	6:38	8:18	
23	Mon	2:23	0.7	1:14	1.5	7:25	0.4	9:23	-0.5	6:39	8:18	
24	Tue	3:20	0.7	2:08	1.6	8:16	0.4	10:15	-0.5	6:39	8:19	
25	Wed	4:11	0.7	3:02	1.6	9:07	0.3	11:05	-0.5	6:39	8:19	
26	Thu	4:57	0.7	3:56	1.6	9:59	0.3	11:52	-0.4	6:40	8:19	
27	Fri	5:39	0.7	4:47	1.6	10:52	0.3			6:40	8:19	
28	Sat	6:20	0.8	5:37	1.5	12:38	-0.3	11:47 AM	0.3	6:40	8:19	
29	Sun	6:59	0.9	6:26	1.3	1:23	-0.2	12:46	0.4	6:40	8:19	
30	Mon	7:38	0.9	7:15	1.2	2:07	0.0	1:52	0.4	6:41	8:19	