



































Rockland Key, Rockland Channel Bridge, FL - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:18	1.0	8:08	1.0	2:49	0.1	3:03	0.4	6:41	8:19	
2	Wed	8:58	1.1	9:09	0.9	3:30	0.3	4:16	0.4	6:41	8:19	
3	Thu	9:41	1.1	10:26	0.7	4:11	0.4	5:25	0.3	6:42	8:19	
4	Fri	10:25	1.2	11:56	0.7	4:51	0.4	6:29	0.2	6:42	8:19	
5	Sat	11:11	1.2			5:32	0.5	7:28	0.1	6:43	8:19	
6	Sun	1:14	0.6	11:58 AM	1.2	6:14	0.5	8:20	0.0	6:43	8:19	
7	Mon	2:14	0.6	12:44	1.3	6:58	0.5	9:06	-0.1	6:43	8:19	
8	Tue	3:00	0.6	1:29	1.3	7:41	0.5	9:47	-0.2	6:44	8:19	
9	Wed	3:38	0.6	2:14	1.4	8:24	0.5	10:24	-0.2	6:44	8:19	
10	Thu	4:13	0.7	2:59	1.4	9:07	0.5	11:01	-0.3	6:45	8:19	
11	Fri	4:48	0.7	3:43	1.5	9:50	0.5	11:36	-0.2	6:45	8:18	
12	Sat	5:21	0.8	4:28	1.5	10:35	0.4			6:46	8:18	
13	Sun	5:55	0.9	5:13	1.5	12:12	-0.2	11:23 AM	0.4	6:46	8:18	
14	Mon	6:29	1.0	6:01	1.4	12:48	-0.1	12:17	0.4	6:46	8:18	
15	Tue	7:04	1.0	6:51	1.3	1:25	0.0	1:17	0.3	6:47	8:18	
16	Wed	7:40	1.1	7:48	1.1	2:03	0.1	2:25	0.3	6:47	8:17	
17	Thu	8:20	1.2	8:57	0.9	2:42	0.2	3:38	0.2	6:48	8:17	
18	Fri	9:06	1.3	10:23	0.8	3:24	0.3	4:54	0.1	6:48	8:17	
19	Sat	10:00	1.4	11:59	0.7	4:09	0.4	6:08	0.0	6:49	8:16	
20	Sun	11:01	1.4			5:00	0.5	7:19	-0.2	6:49	8:16	
21	Mon	1:21	0.6	12:06	1.5	5:59	0.5	8:24	-0.2	6:50	8:16	
22	Tue	2:24	0.6	1:08	1.6	7:01	0.5	9:20	-0.3	6:50	8:15	
23	Wed	3:14	0.7	2:07	1.6	8:02	0.4	10:09	-0.3	6:51	8:15	
24	Thu	3:56	0.7	3:01	1.6	9:01	0.4	10:52	-0.2	6:51	8:14	
25	Fri	4:33	0.8	3:52	1.6	9:56	0.3	11:32	-0.2	6:51	8:14	
26	Sat	5:08	0.9	4:39	1.6	10:48	0.3			6:52	8:14	
27	Sun	5:41	1.0	5:23	1.5	12:09	0.0	11:40 AM	0.3	6:52	8:13	
28	Mon	6:13	1.1	6:05	1.4	12:45	0.1	12:33	0.3	6:53	8:13	
29	Tue	6:45	1.2	6:47	1.2	1:20	0.2	1:29	0.4	6:53	8:12	
30	Wed	7:17	1.2	7:31	1.0	1:55	0.3	2:28	0.4	6:54	8:11	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	7:52	1.2	8:22	0.9	2:29	0.4	3:31	0.4	6:54	8:11	