





















Rockland Key, Rockland Channel Bridge, FL - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:32	1.2	9:30	0.7	3:02	0.5	4:38	0.3	6:55	8:10	
2	Sat	9:18	1.2	11:14	0.7	3:37	0.6	5:46	0.3	6:55	8:10	
3	Sun	10:14	1.3			4:16	0.6	6:53	0.2	6:56	8:09	
4	Mon	1:04	0.6	11:15 AM	1.3	5:08	0.7	7:54	0.1	6:56	8:08	
5	Tue	2:05	0.7	12:14	1.3	6:10	0.7	8:44	0.1	6:57	8:08	
6	Wed	2:41	0.7	1:09	1.4	7:11	0.7	9:25	0.0	6:57	8:07	
7	Thu	3:11	0.8	1:59	1.5	8:05	0.6	10:01	0.0	6:57	8:06	
8	Fri	3:40	0.9	2:46	1.6	8:55	0.6	10:35	0.0	6:58	8:06	
9	Sat	4:10	1.0	3:33	1.6	9:43	0.5	11:07	0.0	6:58	8:05	
10	Sun	4:40	1.1	4:19	1.6	10:31	0.4	11:39	0.1	6:59	8:04	
11	Mon	5:11	1.2	5:06	1.6	11:20	0.3			6:59	8:03	
12	Tue	5:43	1.3	5:54	1.5	12:12	0.2	12:12	0.3	7:00	8:03	
13	Wed	6:17	1.4	6:45	1.3	12:45	0.3	1:09	0.2	7:00	8:02	
14	Thu	6:53	1.4	7:42	1.1	1:20	0.4	2:13	0.2	7:00	8:01	
15	Fri	7:35	1.5	8:52	0.9	1:56	0.5	3:23	0.2	7:01	8:00	
16	Sat	8:26	1.5	10:26	0.8	2:37	0.6	4:41	0.1	7:01	7:59	
17	Sun	9:31	1.5			3:26	0.6	6:01	0.1	7:02	7:59	
18	Mon	12:10	0.7	10:48 AM	1.5	4:30	0.7	7:17	0.1	7:02	7:58	
19	Tue	1:24	0.7	12:05	1.6	5:45	0.7	8:22	0.0	7:03	7:57	
20	Wed	2:15	0.8	1:11	1.6	7:00	0.6	9:13	0.1	7:03	7:56	
21	Thu	2:54	0.9	2:09	1.7	8:06	0.6	9:53	0.1	7:03	7:55	
22	Fri	3:27	1.0	2:59	1.7	9:04	0.5	10:28	0.2	7:04	7:54	
23	Sat	3:58	1.1	3:44	1.7	9:55	0.4	11:00	0.2	7:04	7:53	
24	Sun	4:27	1.2	4:26	1.6	10:43	0.4	11:31	0.3	7:05	7:52	
25	Mon	4:55	1.3	5:05	1.5	11:29	0.4			7:05	7:51	
26	Tue	5:23	1.4	5:42	1.4	12:02	0.4	12:14	0.4	7:05	7:50	
27	Wed	5:51	1.4	6:20	1.3	12:31	0.5	1:00	0.4	7:06	7:49	
28	Thu	6:21	1.4	7:00	1.1	12:59	0.6	1:49	0.4	7:06	7:49	
29	Fri	6:54	1.4	7:46	1.0	1:25	0.7	2:44	0.4	7:06	7:48	
30	Sat	7:33	1.4	8:49	0.8	1:48	0.7	3:48	0.4	7:07	7:47	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	8:20	1.4	10:40	0.8	2:08	0.8	5:01	0.4	7:07	7:46	