













## Rockland Key, Rockland Channel Bridge, FL - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:27	1.5	3:52	0.8	10:11	-0.4	9:25	0.2	7:10	5:49	
2	Tue	3:14	1.5	4:29	0.8	10:49	-0.4	10:13	0.1	7:11	5:50	
3	Wed	4:01	1.4	5:06	0.9	11:28	-0.3	11:06	0.1	7:11	5:51	
4	Thu	4:51	1.3	5:44	1.0			12:08	-0.2	7:11	5:51	
5	Fri	5:43	1.2	6:25	1.0	12:04	0.1	12:50	-0.1	7:11	5:52	
6	Sat	6:41	1.0	7:10	1.1	1:10	0.0	1:33	0.1	7:12	5:53	
7	Sun	7:51	0.8	8:02	1.1	2:24	0.0	2:20	0.2	7:12	5:54	
8	Mon	9:20	0.6	9:02	1.2	3:41	-0.1	3:11	0.3	7:12	5:54	
9	Tue	10:56	0.6	10:09	1.2	4:59	-0.2	4:09	0.3	7:12	5:55	
10	Wed			12:16	0.5	6:12	-0.3	5:11	0.3	7:12	5:56	
11	Thu			1:16	0.6	7:16	-0.3	6:14	0.3	7:12	5:56	
12	Fri	12:13	1.3	2:02	0.6	8:10	-0.4	7:12	0.2	7:12	5:57	
13	Sat	1:07	1.3	2:42	0.6	8:54	-0.4	8:06	0.1	7:12	5:58	
14	Sun	1:55	1.3	3:16	0.7	9:33	-0.4	8:55	0.1	7:12	5:59	
15	Mon	2:40	1.3	3:48	0.7	10:10	-0.4	9:41	0.1	7:12	5:59	
16	Tue	3:21	1.3	4:18	0.8	10:44	-0.3	10:26	0.1	7:12	6:00	
17	Wed	4:00	1.2	4:46	0.9	11:18	-0.2	11:11	0.1	7:12	6:01	
18	Thu	4:38	1.1	5:15	0.9	11:51	-0.1	11:57	0.1	7:12	6:02	
19	Fri	5:16	1.0	5:46	0.9			12:24	0.0	7:12	6:02	
20	Sat	5:55	0.9	6:18	0.9	12:47	0.1	12:55	0.1	7:12	6:03	
21	Sun	6:40	0.7	6:55	0.9	1:42	0.1	1:26	0.2	7:11	6:04	
22	Mon	7:35	0.6	7:38	0.9	2:45	0.1	1:57	0.2	7:11	6:05	
23	Tue	8:54	0.4	8:32	0.9	3:54	0.0	2:34	0.3	7:11	6:05	
24	Wed	10:40	0.4	9:36	1.0	5:05	-0.1	3:27	0.3	7:11	6:06	
25	Thu			12:04	0.4	6:11	-0.2	4:36	0.3	7:10	6:07	
26	Fri			12:57	0.4	7:06	-0.3	5:44	0.3	7:10	6:08	
27	Sat			1:36	0.5	7:53	-0.4	6:44	0.2	7:10	6:08	
28	Sun	12:38	1.2	2:12	0.6	8:33	-0.4	7:39	0.1	7:09	6:09	
29	Mon	1:29	1.3	2:46	0.7	9:11	-0.5	8:29	0.0	7:09	6:10	
30	Tue	2:19	1.4	3:20	0.8	9:47	-0.5	9:19	-0.1	7:09	6:10	
31	Wed	3:07	1.4	3:54	0.9	10:23	-0.4	10:09	-0.2	7:08	6:11	